

Oregon Youth Risk Behavior Survey (YRBS) 1997 High School

Q90. Which of the following are you trying to do about your weight?
Weighted Column Percents

	Total	Grade			
		9th	10th	11th	12th
Lose weight	42.1	42.5	41.4	41.9	42.5
Gain weight	16.3	14.3	17.5	17.3	16.3
Stay the same weight	19.2	20.7	18.4	18.8	18.4
I am not trying to do anything about my weight	22.5	22.4	22.6	22.1	22.8
Female					
Lose weight	60.2	59.5	60.3	60.2	61.3
Gain weight	4.5	5.0	5.0	4.2	3.5
Stay the same weight	17.3	18.1	17.1	17.0	16.7
I am not trying to do anything about my weight	17.9	17.3	17.7	18.5	18.4
Male					
Lose weight	23.1	24.5	22.5	22.2	23.0
Gain weight	28.6	24.2	30.2	31.2	29.5
Stay the same weight	21.1	23.5	19.8	20.6	20.2
I am not trying to do anything about my weight	27.2	27.8	27.5	26.0	27.3
Total N =					
31,165					

Source: Oregon 1997 Youth Risk Behavior Surveillance System (YRBSS)

Q90. Which of the following are you trying
to do about your weight?
Unweighted Frequencies

	Total	Grade			
		9th	10th	11th	12th
Lose weight	13,323	4,006	3,628	3,056	2,633
Gain weight	5,018	1,342	1,441	1,237	998
Stay the same weight	5,943	1,875	1,569	1,368	1,131
I am not trying to do anything about my weight	6,881	2,000	1,948	1,562	1,371
Female					
Lose weight	9,726	2,868	2,630	2,283	1,945
Gain weight	758	251	225	161	121
Stay the same weight	2,717	842	724	638	513
I am not trying to do anything about my weight	2,778	778	764	674	562
Male					
Lose weight	3,597	1,138	998	773	688
Gain weight	4,260	1,091	1,216	1,076	877
Stay the same weight	3,226	1,033	845	730	618
I am not trying to do anything about my weight	4,103	1,222	1,184	888	809
	Total N =				
	31,165				

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