

Healthy Aging in Oregon Counties

CHRONIC CONDITIONS

Data by Area Agency on Aging

2009

Arthritis

Table 3: Percentage of adults 45 years and older reporting ever having a medical diagnosis for any form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia, data from BRFSS, by Area Agency on Aging, Oregon, 2004-2007 (see BRFSS question on page on page 64)

Region	Counties	45 years and older		45-59 years		60-74 years		75 years and older	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
Oregon		589,279	42	263,076	33	217,111	51	109,092	60
Central Oregon Council on Aging	Crook, Deschutes, Jefferson	32,773	44	12,251	33	14,935	53	5,587	61
Clackamas County Social Services	Clackamas	55,495	38	27,228	31	17,938	44	10,329	56
Community Action Program East Central Oregon	Morrow, Umatilla	14,840	48	7,742	43	4,987	56	2,111	54
Community Action Team – Area Agency on Aging	Columbia	7,407	44	3,208	38	2,982	48	1,218	58†
Community Connection of Northeast Oregon	Baker, Grant, Union, Wallowa	10,141	40	2,587	21	5,165	52	2,389	69
Douglas County Seniors and People with Disabilities	Douglas	24,318	51	10,673	43	10,275	59	3,370	59
Harney County Senior and Community Services	Harney	1,890	51†	944	41†	*	*	*	*
Klamath Basin Senior Citizens Council	Klamath, Lake	18,111	57	8,617	50	6,368	60	3,126	75
Lane COG Seniors and People with Disabilities	Lane	59,713	44	26,257	35	21,996	51	11,461	61
Malheur Council on Aging and Community Services	Malheur	4,729	38	1,528	22	2,277	58†	924	60†
Mid-Columbia COG - Senior and Disabled Services	Gilliam, Hood River, Sherman, Wasco, Wheeler	8,285	38	3,070	27	3,712	50	1,503	53†
Multnomah Aging and Disability Services	Multnomah	95,927	39	48,248	31	29,572	47	18,107	58
Northwest Senior and Disability Services	Clatsop, Marion, Polk, Tillamook, Yamhill	80,790	42	36,111	33	28,852	50	15,827	62
Oregon Cascades West COG Seniors and People with Disabilities	Benton, Lincoln, Linn	42,120	43	20,012	36	14,948	49	7,161	61
Rogue Valley COG - Senior and Disabled Services	Jackson, Josephine	54,067	44	21,360	34	22,145	54	10,562	56
South Coast Business Employment Corp.	Coos, Curry	19,328	45	6,304	34	9,248	52	3,776	59
Washington County Disabled, Aging and Veterans Services	Washington	58,630	37	26,628	27	20,921	50	11,081	59

* Data not available.

† Percentages based on less than 50 respondents may not accurately represent the county behaviors and should be interpreted with caution.

Asthma

Table 4: Percentage of adults 45 years and older reporting that they currently have asthma, data from BRFSS, by Area Agency on Aging, Oregon, 2004-2007 (see BRFSS question on page 64)

Region	Counties	45 years and older		45-59 years		60-74 years		75 years and older	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
Oregon		139,062	10	83,316	10	40,255	9	15,492	8
Central Oregon Council on Aging	Crook, Deschutes, Jefferson	5,981	8	3,244	8	2,265	8	472	5
Clackamas County Social Services	Clackamas	15,291	10	9,511	11	4,050	10	1,730	10
Community Action Program East Central Oregon	Morrow, Umatilla	3,445	11	2,236	12	937	9	271	7
Community Action Team – Area Agency on Aging	Columbia	2,043	10	1,322	11	519	9	202	9
Community Connection of Northeast Oregon	Baker, Grant, Union, Wallowa	2,242	9	1,117	8	904	10	220	7
Douglas County Seniors and People with Disabilities	Douglas	6,029	12	3,352	13	2,017	11	660	11
Harney County Senior and Community Services	Harney	447	11	251	11†	93	8†	*	*
Klamath Basin Senior Citizens Council	Klamath, Lake	2,688	9	1,433	9	834	8	422	9
Lane COG Seniors and People with Disabilities	Lane	12,706	9	7,828	10	3,760	9	1,118	6
Malheur Council on Aging and Community Services	Malheur	930	7	546	8	345	9	39	2†
Mid-Columbia COG - Senior and Disabled Services	Gilliam, Hood River, Sherman, Wasco, Wheeler	1,533	7	621	5	800	10	112	4
Multnomah Aging and Disability Services	Multnomah	25,493	10	16,848	11	5,366	8	3,279	10
Northwest Senior and Disability Services	Clatsop, Marion, Polk, Tillamook, Yamhill	18,292	9	11,139	10	5,192	9	1,961	7
Oregon Cascades West COG Seniors and People with Disabilities	Benton, Lincoln, Linn	9,721	10	5,745	11	2,800	9	1,176	9
Rogue Valley COG - Senior and Disabled Services	Jackson, Josephine	12,018	10	5,985	10	4,156	10	1,878	9
South Coast Business Employment Corp.	Coos, Curry	4,771	11	2,069	10	2,287	13	415	7
Washington County Disabled, Aging and Veterans Services	Washington	15,368	9	10,046	10	3,907	9	1,416	7

* Data not available.

† Percentages based on less than 50 respondents may not accurately represent the county behaviors and should be interpreted with caution.

Coronary Heart Disease

Table 5: Percentage of persons who have received a medical diagnosis for angina or coronary heart disease for adults 45 years and older, data from BRFSS, by Area Agency on Aging, Oregon, 2004-2007 (see BRFSS question on page 64)

Region	Counties	45 years and older		45-59 years		60-74 years		75 years and older	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
Oregon		96,889	7	26,694	3	43,385	10	26,811	14
Central Oregon Council on Aging	Crook, Deschutes, Jefferson	5,150	7	1,008	3	2,695	10	1,447	15
Clackamas County Social Services	Clackamas	8,599	6	2,524	3	3,111	8	2,965	17
Community Action Program East Central Oregon	Morrow, Umatilla	2,360	7	822	5	937	10	601	15
Community Action Team – Area Agency on Aging	Columbia	1,115	6	256	2	521	9	338	17†
Community Connection of Northeast Oregon	Baker, Grant, Union, Wallowa	2,287	9	403	3	1,008	10	876	29
Douglas County Seniors and People with Disabilities	Douglas	5,294	11	1,506	6	2,365	13	1,424	24
Harney County Senior and Community Services	Harney	191	5	0	0†	137	12†	*	*
Klamath Basin Senior Citizens Council	Klamath, Lake	2,558	8	438	3	1,398	13	722	17
Lane COG Seniors and People with Disabilities	Lane	8,684	6	2,845	4	3,859	9	1,980	11
Malheur Council on Aging and Community Services	Malheur	676	5	356	5	219	6	101	5
Mid-Columbia COG - Senior and Disabled Services	Gilliam, Hood River, Sherman, Wasco, Wheeler	1,514	7	45	<1	967	13	502	17
Multnomah Aging and Disability Services	Multnomah	16,338	7	4,545	3	6,955	11	4,838	15
Northwest Senior and Disability Services	Clatsop, Marion, Polk, Tillamook, Yamhill	14,105	7	4,346	4	5,636	9	4,123	15
Oregon Cascades West COG Seniors and People with Disabilities	Benton, Lincoln, Linn	5,914	6	1,646	3	2,783	9	1,486	12
Rogue Valley COG - Senior and Disabled Services	Jackson, Josephine	8,820	7	1,656	3	4,538	11	2,626	14
South Coast Business Employment Corp.	Coos, Curry	4,825	11	1,458	7	2,524	14	843	13
Washington County Disabled, Aging and Veterans Services	Washington	8,361	5	2,782	3	3,729	9	1,851	10

* Data not available.

† Percentages based on less than 50 respondents may not accurately represent the county behaviors and should be interpreted with caution.

Heart Attack

Table 6: Percentage of persons who have received a medical diagnosis for a heart attack or myocardial infarction for adults 45 years and older, data from BRFSS, by Area Agency on Aging, Oregon, 2004-2007 (see BRFSS question on page 64)

Region	Counties	45 years and older		45-59 years		60-74 years		75 years and older	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
Oregon		91,992	6	24,606	3	39,705	9	27,681	15
Central Oregon Council on Aging	Crook, Deschutes, Jefferson	5,112	7	933	2	2,461	9	1,718	18
Clackamas County Social Services	Clackamas	7,908	5	1,961	2	3,179	8	2,768	15
Community Action Program East Central Oregon	Morrow, Umatilla	2,342	7	599	3	1,187	12	556	14
Community Action Team – Area Agency on Aging	Columbia	1,775	9	613	6	857	15	305	16†
Community Connection of Northeast Oregon	Baker, Grant, Union, Wallowa	1,415	5	415	3	519	5	481	16
Douglas County Seniors and People with Disabilities	Douglas	4,814	10	1,667	6	2,065	11	1,082	18
Harney County Senior and Community Services	Harney	212	6	0	0†	83	7†	*	*
Klamath Basin Senior Citizens Council	Klamath, Lake	3,016	10	595	4	1,786	16	635	14
Lane COG Seniors and People with Disabilities	Lane	8,042	6	2,331	3	3,345	8	2,367	13
Malheur Council on Aging and Community Services	Malheur	397	3	108	2	83	2	206	11†
Mid-Columbia COG - Senior and Disabled Services	Gilliam, Hood River, Sherman, Wasco, Wheeler	1,390	6	134	1	915	12	341	12
Multnomah Aging and Disability Services	Multnomah	15,029	6	4,577	3	5,791	9	4,661	14
Northwest Senior and Disability Services	Clatsop, Marion, Polk, Tillamook, Yamhill	14,364	7	4,046	4	5,690	9	4,628	16
Oregon Cascades West COG Seniors and People with Disabilities	Benton, Lincoln, Linn	7,832	8	2,454	5	3,607	11	1,770	14
Rogue Valley COG - Senior and Disabled Services	Jackson, Josephine	7,686	6	1,315	2	3,575	8	2,796	14
South Coast Business Employment Corp.	Coos, Curry	3,720	8	823	4	1,767	10	1,130	18
Washington County Disabled, Aging and Veterans Services	Washington	6,682	4	2,022	2	2,603	6	2,057	10

* Data not available.

† Percentages based on less than 50 respondents may not accurately represent the county behaviors and should be interpreted with caution.

Major Depression

Table 7: Percentage of adults 45 years and older reporting major depression, data from BRFSS, by Area Agency on Aging, Oregon, 2004-2007 (see BRFSS questions on page 64)

Region	Counties	45 years and older		45-59 years		60-74 years		75 years and older	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
Oregon		50,961	4	39,949	5	8,300	2	2,712	2
Central Oregon Council on Aging	Crook, Deschutes, Jefferson	1,176	1	834	2	62	<1	281	3
Clackamas County Social Services	Clackamas	4,164	3	3755	5	67	<1	343	2
Community Action Program East Central Oregon	Morrow, Umatilla	2,526	8	2,039	12	427	4	60	2†
Community Action Team – Area Agency on Aging	Columbia	658	4	658	6	0	0†	*	*
Community Connection of Northeast Oregon	Baker, Grant, Union, Wallowa	1,067	4	972	7	95	1	0	0†
Douglas County Seniors and People with Disabilities	Douglas	1,994	4	1,250	5	744	5	0	0†
Harney County Senior and Community Services	Harney	*	*	*	*	*	*	*	*
Klamath Basin Senior Citizens Council	Klamath, Lake	2,297	8	2,031	14	266	2	0	0†
Lane COG Seniors and People with Disabilities	Lane	4,645	4	3,271	4	1,374	3	0	0
Malheur Council on Aging and Community Services	Malheur	274	2	274	4†	0	0†	*	*
Mid-Columbia COG - Senior and Disabled Services	Gilliam, Hood River, Sherman, Wasco, Wheeler	644	3	342	3	302	4	0	0†
Multnomah Aging and Disability Services	Multnomah	10,831	5	8,253	5	1,825	3	753	3
Northwest Senior and Disability Services	Clatsop, Marion, Polk, Tillamook, Yamhill	5,115	3	3,174	3	1,255	2	686	2
Oregon Cascades West COG Seniors and People with Disabilities	Benton, Lincoln, Linn	3,698	4	3,526	8	172	1	0	0
Rogue Valley COG - Senior and Disabled Services	Jackson, Josephine	5,007	4	4,065	7	826	2	116	1
South Coast Business Employment Corp.	Coos, Curry	861	2	550	3	311	2	0	0†
Washington County Disabled, Aging and Veterans Services	Washington	4,899	3	4,225	4	198	<1	475	3

* Data not available.

† Percentages based on less than 50 respondents may not accurately represent the county behaviors and should be interpreted with caution.

Diabetes

Table 8: Percentage of adults 45 years and older reporting ever having a medical diagnosis of diabetes (excluding gestational diabetes), data from BRFSS, by Area Agency on Aging, Oregon, 2004-2007 (see BRFSS question on page 64)

Region	Counties	45 years and older		45-59 years		60-74 years		75 years and older	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
Oregon		158,827	11	62,843	8	67,864	15	28,120	15
Central Oregon Council on Aging	Crook, Deschutes, Jefferson	7,295	9	2,434	6	3,580	13	1,280	14
Clackamas County Social Services	Clackamas	13,187	9	4,850	6	5,718	14	2,619	15
Community Action Program East Central Oregon	Morrow, Umatilla	4,664	14	2,181	12	2,034	20	449	11
Community Action Team – Area Agency on Aging	Columbia	2,467	13	1,004	9	1,246	22	217	10
Community Connection of Northeast Oregon	Baker, Grant, Union, Wallowa	2,529	10	1,171	9	918	9	440	15
Douglas County Seniors and People with Disabilities	Douglas	7,041	14	2,400	9	3,979	22	663	11
Harney County Senior and Community Services	Harney	499	13	187	8†	194	16†	*	*
Klamath Basin Senior Citizens Council	Klamath, Lake	4,144	13	1,653	10	1,855	17	636	13
Lane COG Seniors and People with Disabilities	Lane	14,312	10	6,007	8	5,588	13	2,717	15
Malheur Council on Aging and Community Services	Malheur	1,555	12	553	8	718	18	285	16†
Mid-Columbia COG - Senior and Disabled Services	Gilliam, Hood River, Sherman, Wasco, Wheeler	2,202	10	755	6	1,074	14	373	13
Multnomah Aging and Disability Services	Multnomah	27,968	11	12,521	8	10,347	16	5,100	16
Northwest Senior and Disability Services	Clatsop, Marion, Polk, Tillamook, Yamhill	23,924	12	9,492	9	9,582	16	4,850	16
Oregon Cascades West COG Seniors and People with Disabilities	Benton, Lincoln, Linn	11,765	12	4,196	8	5,417	17	2,152	16
Rogue Valley COG - Senior and Disabled Services	Jackson, Josephine	13,428	11	4,370	7	6,396	15	2,662	13
South Coast Business Employment Corp.	Coos, Curry	5,424	12	1,535	7	3,088	17	801	13
Washington County Disabled, Aging and Veterans Services	Washington	15,942	10	7,251	7	5,966	14	2,725	14

* Data not available.

† Percentages based on less than 50 respondents may not accurately represent the county behaviors and should be interpreted with caution.

High Blood Pressure

Table 9: Percentage of adults 45 years and older reporting ever having a medical diagnosis of high blood pressure (excluding gestational hypertension), data from BRFSS, by Area Agency on Aging, Oregon, 2004-2007 (see BRFSS question on page 64)

Region	Counties	45 years and older		45-59 years		60-74 years		75 years and older	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
Oregon		559,837	39	235,569	29	215,846	49	108,422	58
Central Oregon Council on Aging	Crook, Deschutes, Jefferson	27,789	37	8,903	24	13,701	48	5,185	55
Clackamas County Social Services	Clackamas	53,060	36	22,990	26	17,820	43	12,251	63
Community Action Program East Central Oregon	Morrow, Umatilla	15,420	48	6,950	38	5,779	61	2,690	64
Community Action Team – Area Agency on Aging	Columbia	8,402	48	3,177	35	3,761	60	1,464	68†
Community Connection of Northeast Oregon	Baker, Grant, Union, Wallowa	9,911	38	3,242	27	4,433	43	2,237	63
Douglas County Seniors and People with Disabilities	Douglas	22,955	47	9,325	36	10,074	57	3,556	62
Harney County Senior and Community Services	Harney	1,745	44†	832	34†	*	*	*	*
Klamath Basin Senior Citizens Council	Klamath, Lake	15,173	47	6,312	36	5,843	55	3,018	71
Lane COG Seniors and People with Disabilities	Lane	55,789	40	21,969	29	22,697	51	11,124	58
Malheur Council on Aging and Community Services	Malheur	4,455	35	2,252	31	1,603	40†	600	36†
Mid-Columbia COG - Senior and Disabled Services	Gilliam, Hood River, Sherman, Wasco, Wheeler	7,966	35	3,006	25	3,222	43	1,738	58†
Multnomah Aging and Disability Services	Multnomah	87,466	35	40,462	26	29,846	47	17,158	54
Northwest Senior and Disability Services	Clatsop, Marion, Polk, Tillamook, Yamhill	74,420	38	29,374	26	30,644	51	14,402	55
Oregon Cascades West COG Seniors and People with Disabilities	Benton, Lincoln, Linn	41,528	43	19,859	36	15,158	49	6,512	55
Rogue Valley COG - Senior and Disabled Services	Jackson, Josephine	51,364	41	20,253	32	20,411	48	10,700	55
South Coast Business Employment Corp.	Coos, Curry	22,715	52	7,811	42	10,746	59	4,159	64
Washington County Disabled, Aging and Veterans Services	Washington	59,537	37	28,840	28	19,577	46	11,120	60

* Data not available.

† Percentages based on less than 50 respondents may not accurately represent the county behaviors and should be interpreted with caution.

High Cholesterol

Table 10: Percentage of persons reporting ever having a medical diagnosis of high blood cholesterol, for adults 45 years and older, data from BRFSS, by Area Agency on Aging, Oregon, 2004-2007 (see BRFSS question on page 64)

Region	Counties	45 years and older		45-59 years		60-74 years		75 years and older	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
Oregon		583,253	45	285,455	40	218,105	53	79,693	46
Central Oregon Council on Aging	Crook, Deschutes, Jefferson	32,801	47	15,247	45	13,533	50	4,022	44
Clackamas County Social Services	Clackamas	58,391	43	30,267	38	20,304	51	7,821	46
Community Action Program East Central Oregon	Morrow, Umatilla	14,028	51	6,916	46	5,238	61	1,874	47
Community Action Team – Area Agency on Aging	Columbia	7,501	46	3,496	43	2,882	46	1,123	54†
Community Connection of Northeast Oregon	Baker, Grant, Union, Wallowa	10,431	46	3,971	40	5,109	55	1,350	39
Douglas County Seniors and People with Disabilities	Douglas	22,130	51	9,809	46	9,516	57	2,806	52
Harney County Senior and Community Services	Harney	1,739	49†	1,237	54†	*	*	*	*
Klamath Basin Senior Citizens Council	Klamath, Lake	12,348	43	5,556	36	5,346	54	1,446	41†
Lane COG Seniors and People with Disabilities	Lane	57,506	46	25,388	38	23,241	55	8,878	52
Malheur Council on Aging and Community Services	Malheur	5,859	50	2,943	45	2,094	56†	822	61†
Mid-Columbia COG - Senior and Disabled Services	Gilliam, Hood River, Sherman, Wasco, Wheeler	8,525	45	3,180	33	4,275	64	1,070	41†
Multnomah Aging and Disability Services	Multnomah	10,2308	44	56,705	40	32,880	53	12,722	44
Northwest Senior and Disability Services	Clatsop, Marion, Polk, Tillamook, Yamhill	73,107	41	35,026	36	28,117	50	9,964	41
Oregon Cascades West COG Seniors and People with Disabilities	Benton, Lincoln, Linn	40,443	45	19,596	39	15,414	53	5,433	50
Rogue Valley COG - Senior and Disabled Services	Jackson, Josephine	54,288	48	24,303	46	21,291	52	8,694	48
South Coast Business Employment Corp.	Coos, Curry	17,335	44	5,587	34	9,265	55	2,482	41
Washington County Disabled, Aging and Veterans Services	Washington	64,401	43	36,428	39	19,469	48	8,503	48

* Data not available.

† Percentages based on less than 50 respondents may not accurately represent the county behaviors and should be interpreted with caution.

Stroke

Table 11: Percentage of persons reporting ever having a medical diagnosis of high blood cholesterol, for adults 45 years and older, data from BRFSS, by Area Agency on Aging, Oregon, 2004-2007 (see BRFSS question on page 64)

Region	Counties	45 years and older		45-59 years		60-74 years		75 years and older	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
Oregon		58,975	4	17,337	2	23,028	5	18,609	10
Central Oregon Council on Aging	Crook, Deschutes, Jefferson	3,190	4	626	2	1,725	6	839	9
Clackamas County Social Services	Clackamas	5,629	4	2,131	2	1,936	5	1,562	9
Community Action Program East Central Oregon	Morrow, Umatilla	1,398	4	604	3	618	6	176	4
Community Action Team – Area Agency on Aging	Columbia	662	4	153	1	356	6	154	8†
Community Connection of Northeast Oregon	Baker, Grant, Union, Wallowa	1,163	4	341	3	356	4	465	15
Douglas County Seniors and People with Disabilities	Douglas	3,085	6	1,062	4	1,255	7	769	14
Harney County Senior and Community Services	Harney	140	4	0	0†	86	7†	*	*
Klamath Basin Senior Citizens Council	Klamath, Lake	1,222	4	302	2	415	4	505	11
Lane COG Seniors and People with Disabilities	Lane	6,065	4	2,585	3	1,957	5	1,522	8
Malheur Council on Aging and Community Services	Malheur	803	6	178	3	375	9	250	13†
Mid-Columbia COG - Senior and Disabled Services	Gilliam, Hood River, Sherman, Wasco, Wheeler	588	3	32	<1	223	3	333	12
Multnomah Aging and Disability Services	Multnomah	8,470	3	2,241	1	3,002	5	3,227	10
Northwest Senior and Disability Services	Clatsop, Marion, Polk, Tillamook, Yamhill	8,765	4	2,185	2	4,257	7	2,323	8
Oregon Cascades West COG Seniors and People with Disabilities	Benton, Lincoln, Linn	4,809	5	1,093	2	1,929	6	1,787	14
Rogue Valley COG - Senior and Disabled Services	Jackson, Josephine	5,954	5	1,814	3	1,827	4	2,313	12
South Coast Business Employment Corp.	Coos, Curry	2,192	5	698	3	1,033	6	460	7
Washington County Disabled, Aging and Veterans Services	Washington	4,644	3	1,182	1	1,660	4	1,802	9

* Data not available.

† Percentages based on less than 50 respondents may not accurately represent the county behaviors and should be interpreted with caution.