

Healthy Aging in Oregon Counties

# **PHYSICAL AND MENTAL FUNCTION**

Data by Area Agency on Aging

2009

## General Health Status

Table 27: Percentage of adults 45 years and older reporting good, very good, or excellent general health status, data from BRFSS, by Area Agency on Aging, Oregon, 2004-2007 (see BRFSS question on page 65)

Region	Counties	45 years and older		45-59 years		60-74 years		75 years and older	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
Oregon		1,188,303	82	691,219	84	355,392	80	141,692	74
Central Oregon Council on Aging	Crook, Deschutes, Jefferson	67,290	84	37,018	87	22,961	83	7,311	77
Clackamas County Social Services	Clackamas	126,224	85	77,293	87	35,574	83	13,356	77
Community Action Program East Central Oregon	Morrow, Umatilla	25,110	76	14,783	78	7,504	75	2,823	69
Community Action Team – Area Agency on Aging	Columbia	15,142	78	9,086	78	4,466	80	1,590	72
Community Connection of Northeast Oregon	Baker, Grant, Union, Wallowa	20,783	79	11,123	82	7,357	78	2,303	70
Douglas County Seniors and People with Disabilities	Douglas	37,233	75	19,482	76	13,791	76	3,960	66
Harney County Senior and Community Services	Harney	2,983	74	1,968	83	846	70†	*	*
Klamath Basin Senior Citizens Council	Klamath, Lake	24,366	78	12,963	81	8,381	77	3,021	66
Lane COG Seniors and People with Disabilities	Lane	113,478	82	64,259	83	35,108	81	14,110	78
Malheur Council on Aging and Community Services	Malheur	9,467	76	5,533	80	3,299	80	635	46†
Mid-Columbia COG - Senior and Disabled Services	Gilliam, Hood River, Sherman, Wasco, Wheeler	17,690	78	9,833	81	5,943	76	1,914	68
Multnomah Aging and Disability Services	Multnomah	209,210	82	131,492	83	52,589	81	25,129	77
Northwest Senior and Disability Services	Clatsop, Marion, Polk, Tillamook, Yamhill	165,007	82	95,084	85	48,428	80	21,495	73
Oregon Cascades West COG Seniors and People with Disabilities	Benton, Lincoln, Linn	79,200	81	43,967	82	25,534	81	9,699	74
Rogue Valley COG - Senior and Disabled Services	Jackson, Josephine	100,522	80	51,777	82	34,150	80	14,594	71
South Coast Business Employment Corp.	Coos, Curry	33,813	76	15,345	75	13,805	77	4663	74
Washington County Disabled, Aging and Veterans Services	Washington	141,463	86	90,741	89	36,011	83	14,711	78

\* Data not available.

† Percentages based on less than 50 respondents may not accurately represent the county behaviors and should be interpreted with caution.

## Frequent Mental Distress

Table 28: Percentage of adults 45 years and older reporting frequent mental distress<sup>1</sup>, data from BRFSS, by Area Agency on Aging, Oregon, 2004-2007 (see BRFSS question on page 65)

Region	Counties	45 years and older		45-59 years		60-74 years		75 years and older	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
Oregon		131,643	9	90,686	11	31,711	7	9,245	5
Central Oregon Council on Aging	Crook, Deschutes, Jefferson	5,236	7	3,047	7	1,922	7	266	3
Clackamas County Social Services	Clackamas	11,958	8	8,573	10	2,628	6	758	4
Community Action Program East Central Oregon	Morrow, Umatilla	3,329	11	2,103	12	1,103	11	123	3
Community Action Team – Area Agency on Aging	Columbia	2,318	12	1,815	15	349	7	155	7
Community Connection of Northeast Oregon	Baker, Grant, Union, Wallowa	2,163	8	1,445	11	661	7	56	2
Douglas County Seniors and People with Disabilities	Douglas	5,043	10	3,553	14	1,175	7	315	6
Harney County Senior and Community Services	Harney	457	12	318	14	90	7	*	*
Klamath Basin Senior Citizens Council	Klamath, Lake	3,554	11	2,481	15	788	7	285	7
Lane COG Seniors and People with Disabilities	Lane	13,179	10	9,335	12	2,985	7	858	5
Malheur Council on Aging and Community Services	Malheur	584	5	473	7	66	2	46	3
Mid-Columbia COG - Senior and Disabled Services	Gilliam, Hood River, Sherman, Wasco, Wheeler	2,043	9	1,637	14	306	4	99	3
Multnomah Aging and Disability Services	Multnomah	25,271	10	17,882	12	5,565	9	1,824	6
Northwest Senior and Disability Services	Clatsop, Marion, Polk, Tillamook, Yamhill	16,274	8	10,770	10	4,304	7	1,200	4
Oregon Cascades West COG Seniors and People with Disabilities	Benton, Lincoln, Linn	8,756	9	6,163	12	1,781	6	811	6
Rogue Valley COG - Senior and Disabled Services	Jackson, Josephine	12,549	10	8,654	14	3,057	7	838	4
South Coast Business Employment Corp.	Coos, Curry	5,005	11	3,152	15	1,554	9	299	5
Washington County Disabled, Aging and Veterans Services	Washington	13,800	9	9,295	9	3,324	8	1,181	6

<sup>1</sup> Frequent mental distress is defined ≥14 days of poor mental health over the past 30 days.

\* Data not available.

† Percentages based on less than 50 respondents may not accurately represent the county behaviors and should be interpreted with caution.

## Any Disabilities

Table 29: Percentage of adults 45 years and older reporting any disabilities, data from BRFSS, by Area Agency on Aging, Oregon, 2004-2007 (see BRFSS questions on page 65)

Region	Counties	45 years and older		45-59 years		60-74 years		75 years and older	
		Number	Percent	Number	Percent	Number	Percent	Number	Percent
Oregon		465,057	32	231,548	28	150,921	35	82,587	43
Central Oregon Council on Aging	Crook, Deschutes, Jefferson	23,793	30	10,843	25	8,818	33	4,132	43
Clackamas County Social Services	Clackamas	43,775	30	21,887	25	14,257	34	7,631	45
Community Action Program East Central Oregon	Morrow, Umatilla	10,275	31	5,351	29	3,462	34	1,462	36
Community Action Team – Area Agency on Aging	Columbia	6,689	35	3,582	31	2,020	36	1,087	54
Community Connection of Northeast Oregon	Baker, Grant, Union, Wallowa	8,534	32	4,035	29	2,969	33	1,530	46
Douglas County Seniors and People with Disabilities	Douglas	18,204	37	8,093	31	7,135	40	2,975	51
Harney County Senior and Community Services	Harney	1,065	28	603	30†	253	18†	*	*
Klamath Basin Senior Citizens Council	Klamath, Lake	11,408	37	5,567	36	3,952	35	1,889	46
Lane COG Seniors and People with Disabilities	Lane	46,056	33	23,743	31	14,886	35	7,427	42
Malheur Council on Aging and Community Services	Malheur	3,823	30	2,007	29	1,149	27	667	44†
Mid-Columbia COG - Senior and Disabled Services	Gilliam, Hood River, Sherman, Wasco, Wheeler	6,848	30	3,182	26	2,543	33	1,124	41
Multnomah Aging and Disability Services	Multnomah	81,317	32	44,555	28	21,560	34	15,202	46
Northwest Senior and Disability Services	Clatsop, Marion, Polk, Tillamook, Yamhill	66,511	33	32,814	29	21,027	35	12,670	42
Oregon Cascades West COG Seniors and People with Disabilities	Benton, Lincoln, Linn	32,740	33	16,851	32	10,343	32	5,546	41
Rogue Valley COG - Senior and Disabled Services	Jackson, Josephine	43,925	34	18,972	30	15,874	38	9,078	44
South Coast Business Employment Corp.	Coos, Curry	17,507	38	7,972	37	7,031	40	2,503	40
Washington County Disabled, Aging and Veterans Services	Washington	42,584	26	21,409	21	13,655	32	7,520	38

\* Data not available.

† Percentages based on less than 50 respondents may not accurately represent the county behaviors and should be interpreted with caution.