

PREVENTIVE CLINICAL SERVICES RECOMMENDATIONS

Table 30: Breast Cancer Screening, Mammogram

United States Preventive Services Task Force (USPSTF) recommends that women over 40 years of age should have a mammogram every 1-2 years (<http://www.ahrq.gov/clinic/3rduspstf/breastcancer/brcanrr.htm>).

Table 31: Breast Cancer Screening, Clinical Breast Exam

USPSTF states that there is not sufficient evidence in support of or against routine clinical breast exam alone to screen for breast cancer (<http://www.ahrq.gov/clinic/3rduspstf/breastcancer/brcanrr.htm>).

Table 32: Cervical Cancer Screening, Pap Smear

USPSTF recommends that women who have been sexually active or are 21 years of age and have a cervix should have a Pap smear every 3 years until they are 65 years of age if they have had adequate recent screening with normal Pap smears and they are not at high risk for cervical cancer (<http://www.ahrq.gov/clinic/USpstf/uspscerv.htm>).

Table 33: Cholesterol Screening

USPSTF recommends periodic screening for men 35-65 and women 45-65. There is not a recommendation in support or against screening adults older than 65, although it may be considered for high-risk individuals (<http://www.ahrq.gov/clinic/2ndcps/lipid.pdf>).

Table 34 and 35: Colorectal Cancer Screening, Blood Stool Test and Sigmoidoscopy or Colonoscopy

USPSTF recommends screening for colorectal cancer using fecal occult blood testing, sigmoidoscopy, or colonoscopy in adults from 50 to 75 years. Adults 75 to 85 are not recommended to have screening, although certain patients may have considerations that qualify them for screening. It is not recommended to screen adults over 85 years of age (<http://www.ahrq.gov/clinic/uspstf/uspscolo.htm>).

Table 36: Pneumococcal Vaccination

Advisory Committee on Immunization Practices (ACIP) recommends that vaccinations should be given to all adults 65 years and older and persons at increased risk for pneumococcal infection and related complications (<http://www.cdc.gov/mmwr/preview/mmwrhtml/00047135.htm>).

Table 37: Influenza Vaccination

ACIP recommends that vaccinations should be given to adults 50 years and older, anyone who wants to reduce the likelihood of getting the flu, and high risk groups for influenza complications (<http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5707a1.htm>).