



2012 Living Well County Data

Curry County

Fact Sheet

INTRODUCTION

This report includes several evidence-based chronic disease self-management programs developed by the Stanford Patient Education Research Center.

They are all currently offered in Oregon:

- ***Living Well with Chronic Conditions*** is Oregon's name for the English-language version of the Stanford Chronic Disease Self-Management Program (CDSMP). It is a six-week, peer-led workshop for people with one or more chronic conditions and their support people.
- ***Tomando Control de su Salud (Tomando Control)*** is the culturally adapted, Spanish-language version of CDSMP. It is also a six-week, peer-led workshop for people living with one or more chronic conditions and their support people.
- ***Positive Self-Management Program (PSMP)*** is a seven-week, peer-led workshop designed specifically for people living with HIV/AIDS and their support people. PSMP is also offered in Spanish.
- ***Diabetes Self-Management Program (DSMP)*** is a six-week, peer-led workshop designed specifically for people living with diabetes and their support people.

The Oregon Health Authority (OHA) supports and collects data on Living Well, Tomando Control and the PSMP program. OHA does not currently support the DSMP curriculum; however, organizations providing DSMP voluntarily furnished data for this report.

PARTICIPANTS

Since 2006, 59 people have filled out all or part of a short demographic form at the initial session of a Living Well, Tomando Control, PSMP or DSMP workshop in Curry County.



WORKSHOPS

Since 2006, Curry County has reported data on four Living Well workshops. Most Curry County workshops were held at educational or residential facilities.

All workshops (Living Well)



LEADERS

In Curry County, three leaders have been trained as Living Well program leaders. Of these trained leaders, all have led one or more workshops.

FOR MORE INFORMATION

Organizations with a Stanford University program delivery license in Curry County include:

- Coos County Health Department (Living Well).

For local contact information on Living Well, contact:

- Debbie Webb, Coos County Health Department, dwebb@co.coos.or.us.

To access the Chronic Disease Self-Management Programs Data Report and County Data Fact Sheets, visit www.healthoregon.org/livingwell.

For information about similar programs available in Oregon, visit www.healthoregon.org/takecontrol.