

What is the Medical Monitoring Project?

- MMP gathers representative data on people living with HIV in care. MMP is funded by the Centers for Disease Control and Prevention (CDC), and collects data from 16 states and Puerto Rico.
- MMP helps Oregon optimize care for people living with HIV and eliminate new infections by identifying gaps in health care and services, and the impact of comprehensive efforts to reduce HIV.



**OREGON
MEDICAL
MONITORING
PROJECT**

What kind of data does MMP collect?

- MMP gathers data from face-to-face interviews and medical records.
- 520 people receiving HIV medical care in Oregon participated in MMP in 2013–2014.

Who receives care in Oregon?

Race/ethnicity by age (years)			
Race/ethnicity	18–34	35–49	50+
White, non-Hispanic	63%	69%	79%
Black, non-Hispanic	11%	5%	7%
Hispanic	15%	17%	8%
Other	12%	9%	6%

“Other” racial group includes multiracial, Asian, Pacific Islander, American Indian/Alaska Native

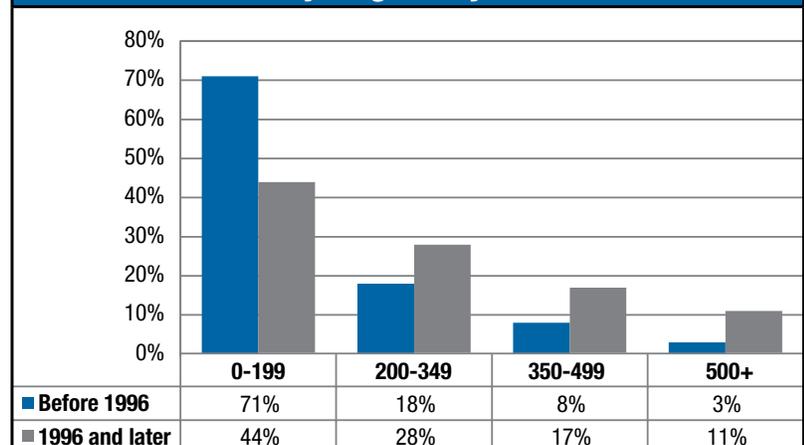
- 89% identify as male
- 59% identify as gay
- 12% identify as bisexual
- 28% live outside of the TGA region*
- 26% people of color (see table)
- 10% born outside the U.S.
- 64% some college education or higher
- 36% employed or self-employed
- 63% receive public assistance
- 42% live in poverty
- 11% moved two or more times in past year
- 9% homeless in past year
- 3% incarcerated in past year

**TGA region includes Multnomah, Clackamas, Washington, Columbia, Clark and Yamhill counties*

HIV history

- 66% diagnosed since 1996 (start of highly active antiretroviral therapy or HAART)
- 16% tested positive in past five years, of these:
 - ♦ 93% received HIV medical care within three months of testing
 - ♦ 20% first tested HIV-positive at their doctor’s office, 23% first tested through their health department, 11% first tested at an HIV counseling and testing site

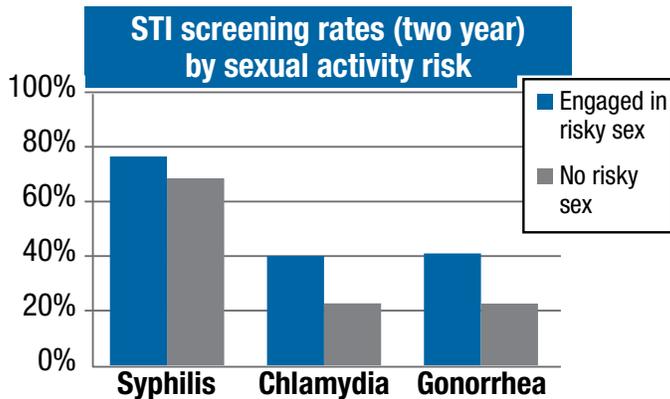
Lowest ever CD4 count (cells/mm³) by diagnosis year



HIV care and treatment

HIV care in the last year

- 15% have separate HIV and primary care providers
- 10% travel >60 minutes one-way
- Average of six face-to-face HIV visits in past year



**Risky sex: unprotected anal or vaginal sex with HIV-negative or unknown status partner(s) in past year*

- 8% received HIV-related care in ER or urgent care in past year
- Average of five lab visits for CD4 and/or viral load testing over past two years
- 68% had all suppressed (<200 copies/ml) viral loads over past two years
- 40% had all CD4 counts ≥ 500 over past two years
- 6% had no HIV care in past six months

Antiretroviral therapy (ART)

- 97% currently on ART; 1% never on ART
- 10% missed a dose of ART in past three days
- 12% reported a drug holiday (two or more days without provider guidance) in past year

Other health conditions

Mental health in last year

- 32% diagnosed or treated for depression
- 30% diagnosed or treated for anxiety
- 9% report needing mental health services but not receiving them

Co-morbidities

- 59% report currently experiencing chronic pain
- 18% report ever having hepatitis B
- 20% report ever having hepatitis C

Health behaviors

Sexual health in the past 12 months

- 45% of women report no sex partners
- 43% of men report no sex partners
- 8% report 10 or more sex partners
- Risky sex (unprotected anal or vaginal sex with an HIV-negative or unknown status partner)
 - 13% in 2013
 - 27%* in 2014

**survey questions changed*

Alcohol and tobacco use

- 58% used alcohol in past 30 days
- 18% report binge drinking past 30 days
- 38% current smokers
- 70% of smokers were offered help to quit smoking at most recent health care visit

Substance use in the past 12 months

- 24% report recreational marijuana use
- 15% non-injection drug use (excluding marijuana use)
- 6% injection drug use

All figures and statistics are based on weighted MMP participant data for the combined years 2013–2014.

Oregon Health Authority

OREGON PUBLIC HEALTH DIVISION
1-800-979-4151
www.healthoregon.org/hivmmp

This document can be provided upon request in alternate formats for individuals with disabilities or in a language other than English for people with limited English skills. To request this brochure in another format or language, email oregon.mmp@state.or.us, or call 1-800-979-4151 (voice or TTY).

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