

Linnton Health Fair

our health, our environment

Saturday, July 30, 2011

11 a.m. — 3 p.m.

Linnton Community Center
10614 N.W. St Helens Rd.
Portland, OR 97231

Oregon
Health
Authority

GUNDERSON
A GREENBRIER COMPANY

Food and beverages will be
provided by Gunderson, LLC.

Come to the Linnton Health Fair in July!

There'll be something for everyone: Fun activities for kids and adults, free dental health info, blood pressure screenings, exciting interactive exhibits.

And, raffle prizes! **Two \$25 New Seasons Market gift certificates! A \$25 Powell's Books gift certificate! A \$25 Portland Farmers Market gift certificate!**

Find out how to build healthy connections between you and the environment from these local groups:

- **Carrington College:** Dental hygiene demonstrations; toothbrush and toothpaste samples; info on teeth whitening; interactive dental roulette questions and answers; plus much more
- **Josiah Hill Clinic:** Childhood lead screening and testing
- **City of Portland Fire Bureau:** Fire truck and firefighter demonstrations; home safety evaluation tips; fire prevention and emergency preparedness planning
- **Metro Recycling:** Sustainable living guides for green home cleaning, recycling and natural gardening
- **Oregon Health & Science University:** OHSU's popular "Let's Get Healthy" interactive exercise and wellness exhibit
- **Multnomah County:** Up-to-date informaton on the county's environmental health, health promotion, and Veterans' benefits from the aging and disability services programs
- **Forest Park Ranger Bob:** Ranger Bob answers your questions about nearby Forest Park and its outstanding recreational opportunities
- **Oregon Public Health Division:** Tips on healthy fish consumption; and how to decrease contaminants when preparing and filleting fish
- **Elders in Action:** Resources for elders
- **Portland Bureau of Transportation:** Transportation safety information
- **Friendly House:** Health resources for seniors

Questions? Call Sarah Present at 971-673-0977 or Email Linnton.ActionModel@state.or.us.