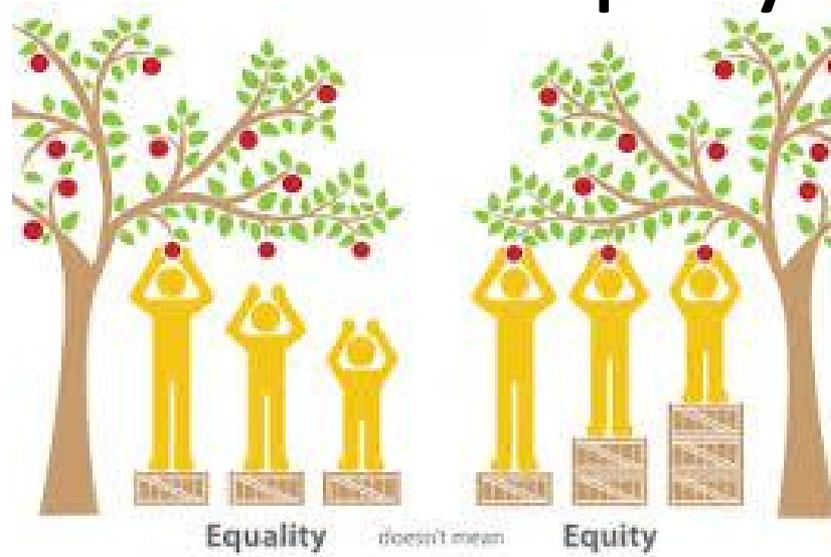


# Health Equity



Zeenia Junkeer, NARAL

Tashia Harris, Western States Center



- Go around the table & Introduce yourselves
  - Name
  - Gender Pronoun
  - Organizational Affiliation
  - How are you feeling today?





# Objectives

- To create an environment of shared language and expanded definition of what “health” means
- To familiarize our learning community with the historical context of health inequity, health injustice, social perseverance and resilience.
- To gain further understanding on how systems and strategies of oppression perpetuate health inequity
- To begin to brainstorm on how health equity can be sustained in our work
- Learn some take-a-ways to bring back to your team!

# Agenda



- Welcome & Introductions
- Agenda
- Ground Rules
- Common Language
- Health Equity Dominos
- Timeline
- Debrief on Timeline, modified head heart mind
- Forms & Strategies of Oppression
- Closing



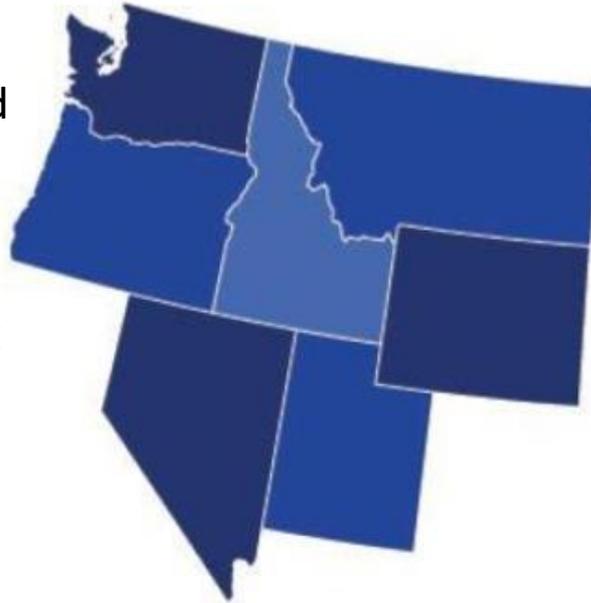
## Ground Rules

- **Be Brave**
- **Expect Unfinished Business**
- **Unplug as Much as Possible**
- **ELMO- Enough, Let's Move On**
- **This is a Learning and Doing Community**



# Western States Center

- Mission is to build power and connections for racial, gender and economic justice
- Train and support community organizers and Organizations that advocate for and/or work within communities
- Develop tools and curriculum to support effective work for racial, gender and economic justice
- Convene people with a focus of solidarity



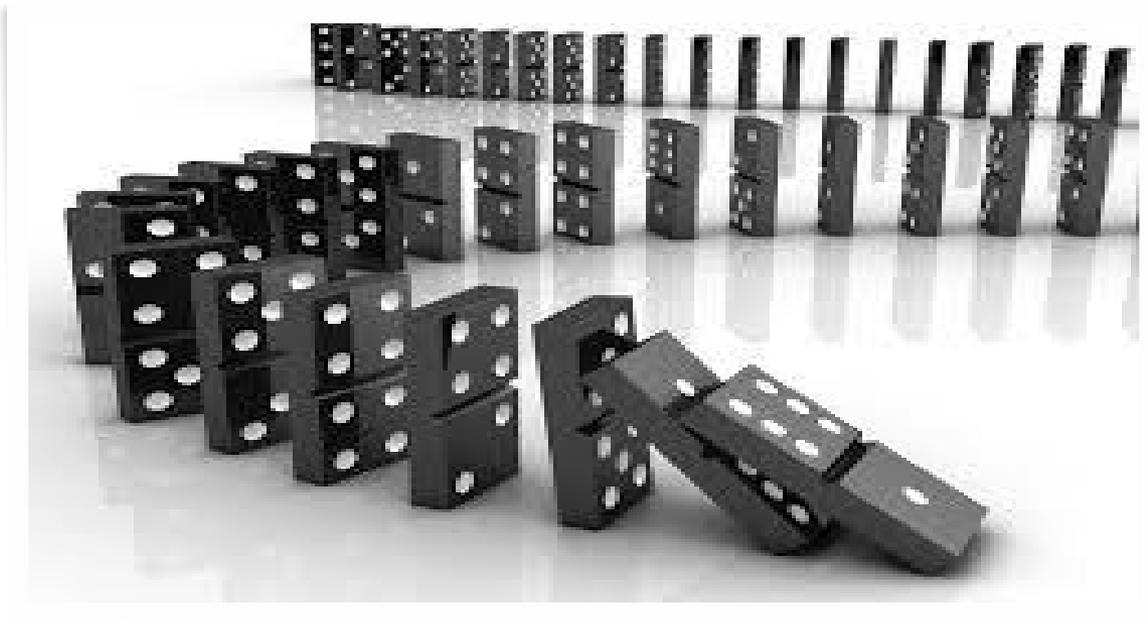


## NARAL Pro-Choice Oregon

NARAL Pro-Choice Oregon has works to develop and sustain a constituency which effectively uses the political process to guarantee every woman the right to make personal decisions regarding the full range of reproductive choices.

Historically, we've focused on an individual woman's legal right to reproductive health services. **We now recognize the factors that shape and impact that right. Issues such as economic justice, the environment, immigrants' rights, disability rights, and discrimination based on race and sexual orientation play key roles in women's ability to access health care and place real life constraints on what we have traditionally thought of as choice.**

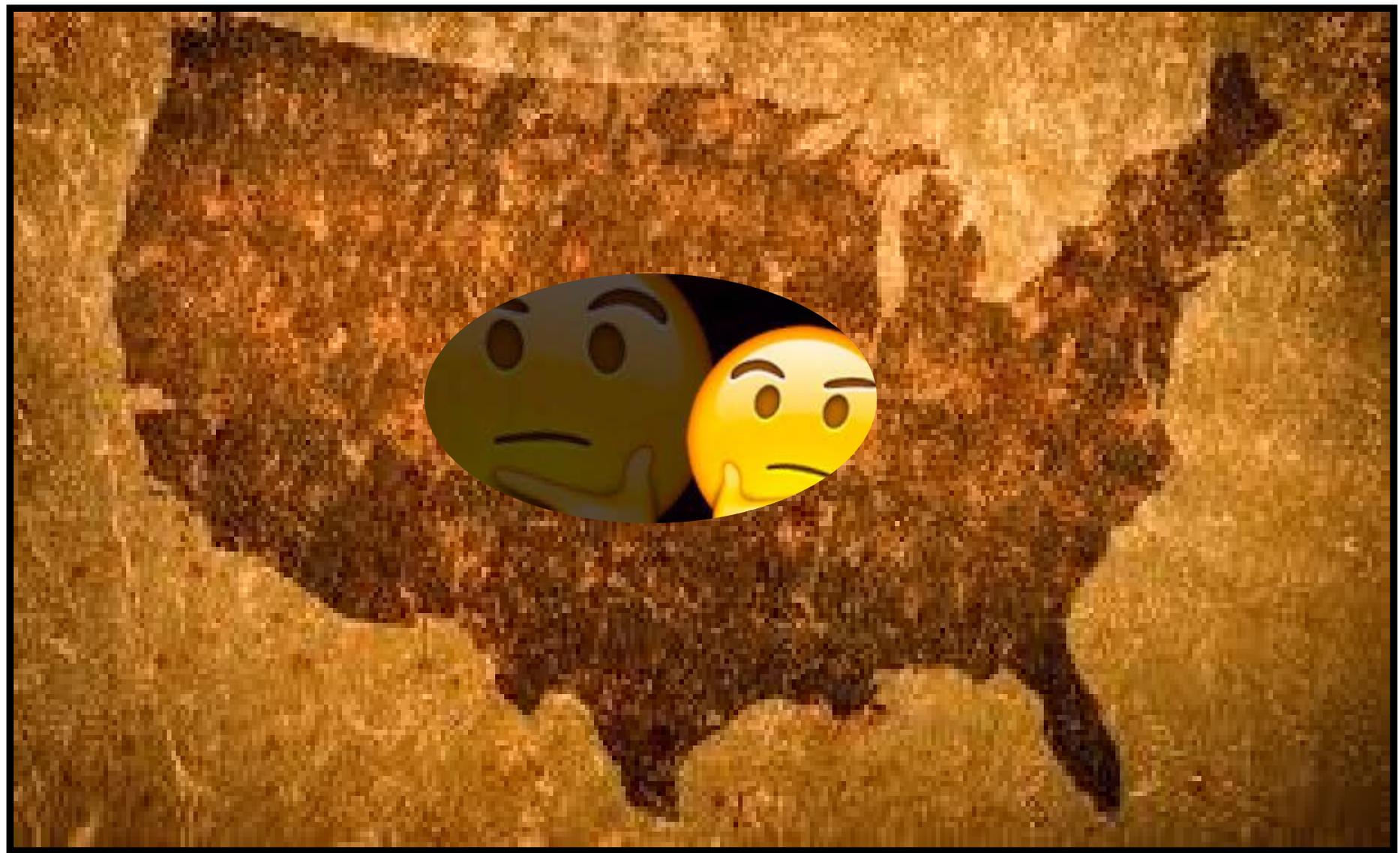
We believe that in order for us to truly fulfill our mission, to guarantee every woman the right to make personal decisions regarding the full range of reproductive choices, we must **broaden our understanding of choice**. We must look at this issue with a deeper and wider lens. *In order to achieve health equity for all Oregon women and families, we must embrace a more inclusive, holistic reproductive justice framework.*



# Shared Language-Dominos!



# Health Equity Timeline



# Debrief

## Head, Heart, Hand

### Head:

What did you see on the timeline that really made you think? What was the first question that popped into your mind during the timeline gallery walk?

### Heart:

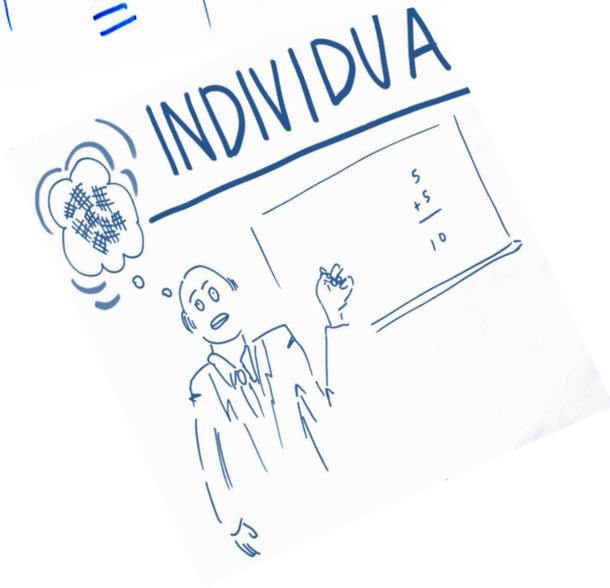
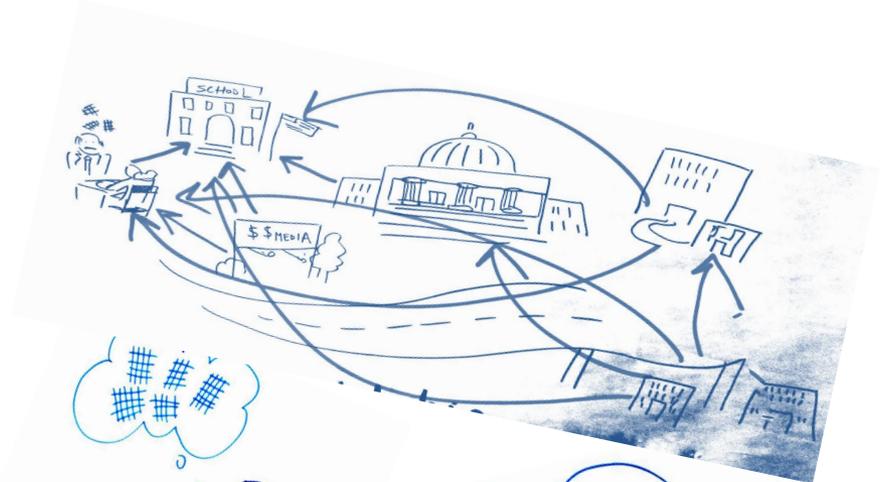
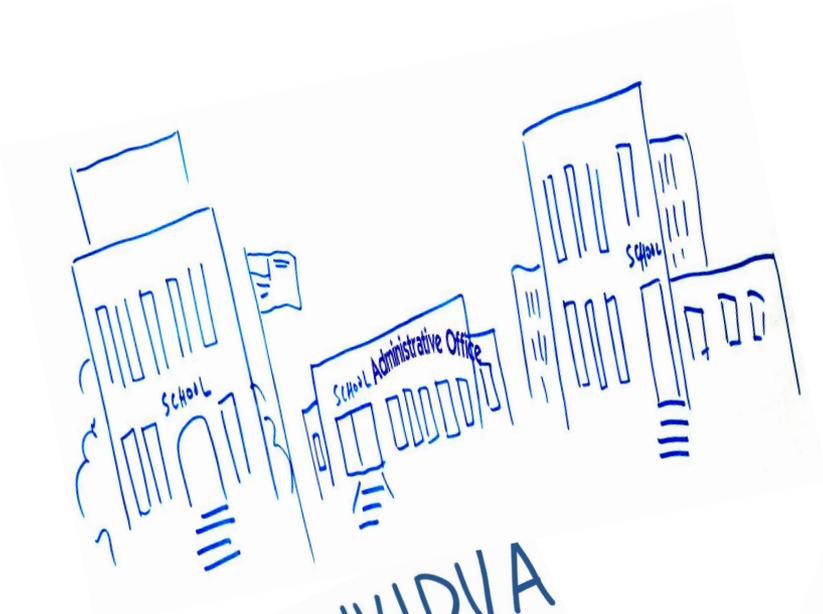
What did you see on the timeline that gave you an immediate emotional reaction and why do you think you had that reaction? Can you explain the feeling?

### Hand:

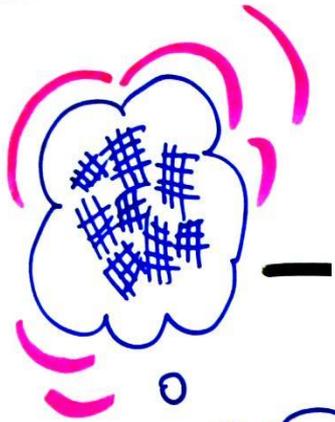
What on the timeline will you take away from this room and bring into your work? ( can be knowledge or actions internally or externally)



# Forms of Oppression



# Individual Oppression

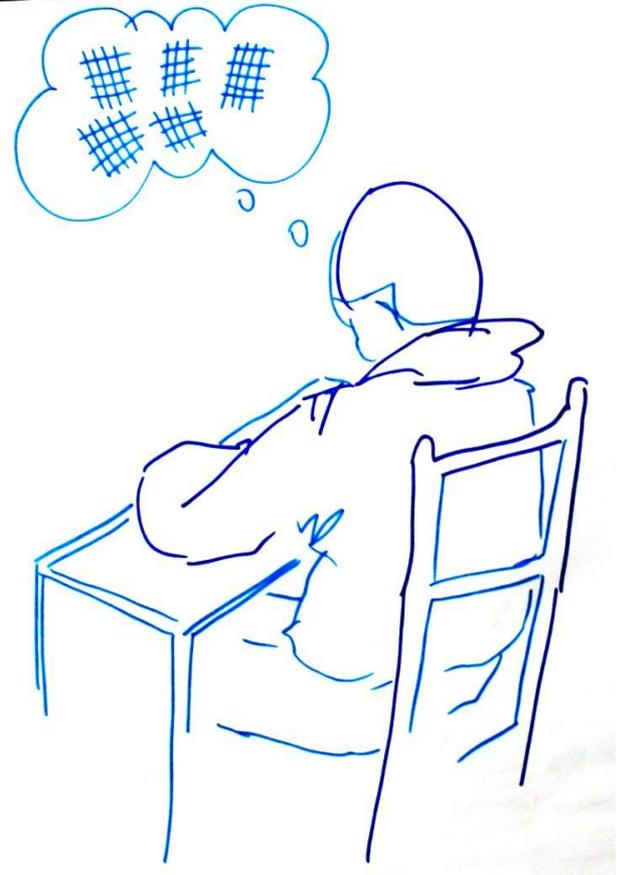


$$\begin{array}{r} 5 \\ +5 \\ \hline 10 \end{array}$$

When a person has negative beliefs, attitudes and prejudices about historically marginalized group of people that resides inside the individual

# Internalized Oppression

When a person of a historically marginalized group accepts the definition and stereotypes of themselves that the white supremacy system has created

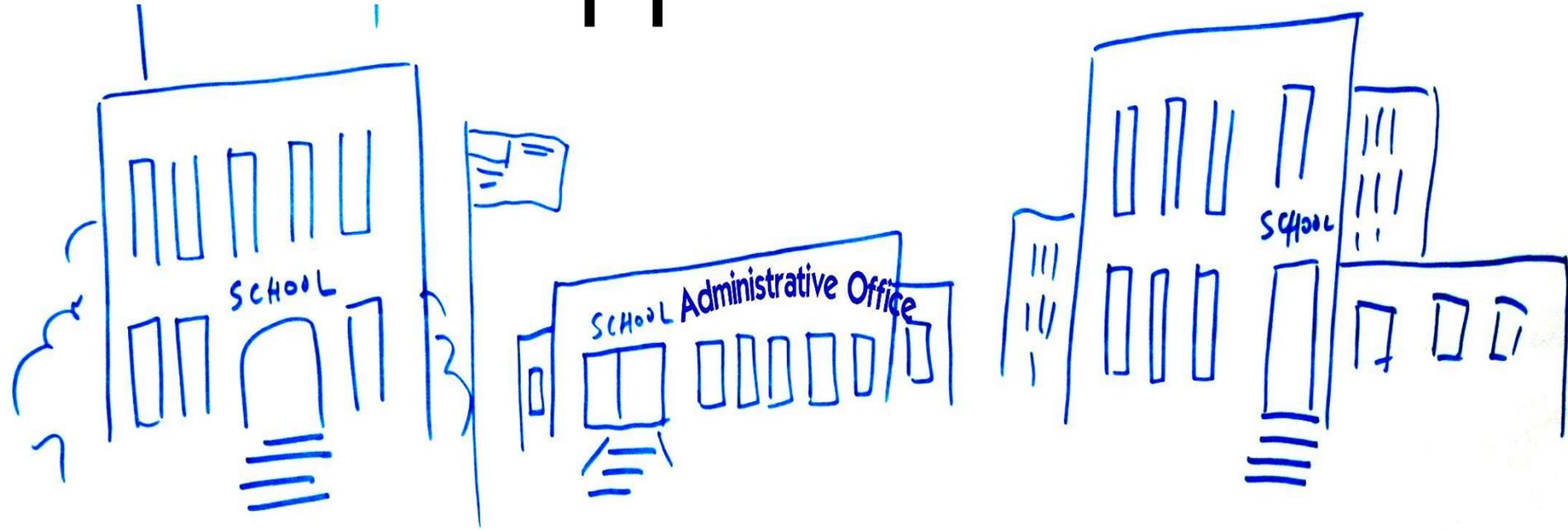


# Interpersonal Oppression

Is the public expression of prejudice, hate, bias and bigotry between individuals of dominant power and those who are a part of historically marginalized groups of people.

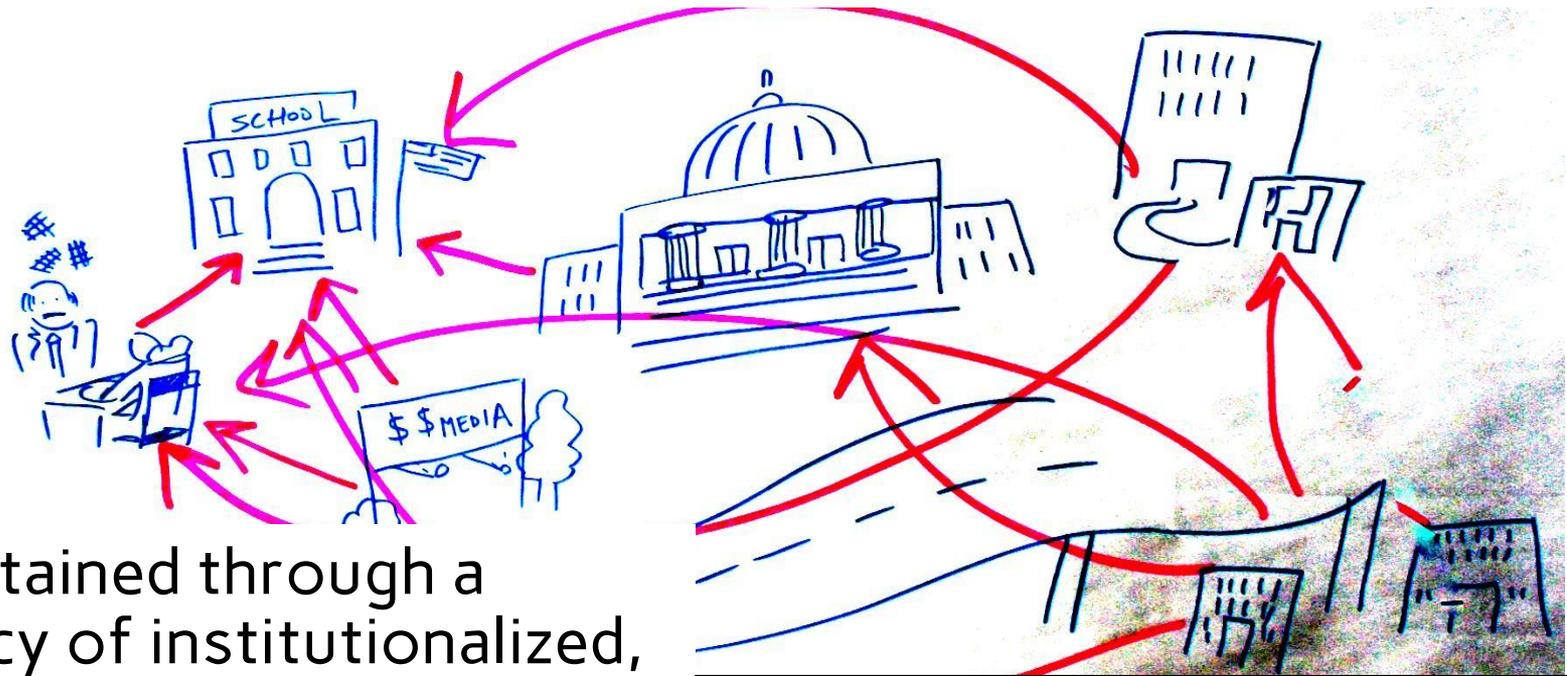


# Institutionalized Oppression



Through unfair, unjust, and inequitable procedures, policies or laws embedded in public and private organizations and institutions

# Systemic Oppression



Maintained through a legacy of institutionalized, imposed and internalized oppression and violence rooted in colonialism

In the U.S. this involves a complex array of dynamics that routinely give whites advantage while producing adverse outcomes for people of color

# Strategies of Oppression

EM

RF

PS

V

SS

CB

# Nickel and Dimed

*Economic marginalization*

EM



# Separate and Unequal

*Political subordination*

PS



# I'm Normal, You're Not

*Stereotyping, stigma, shaming, and silencing*

S



**WAR ON WOMEN'S HEALTH?** **HARSH WORDS FROM RUS LIMBAUGH ON SANDRA FLUKER**



Illustration by Aime Park

# Leave it to Beaver

## *Regulation of families*

RF

FOR THE FIRST TIME IN U.S. HISTORY A MARRIAGE BASED GREEN CARD PETITION FILED BY A GAY COUPLE HAS BEEN

**APPROVED**

 U.S. Citizenship and Immigration Services



FLORIDA COUPLE RECEIVED NOTICE JUST 2 DAYS AFTER THE SUPREME COURT RULING ON DOMA

 Masliah & Soloway  
PROFESSIONAL CORPORATION

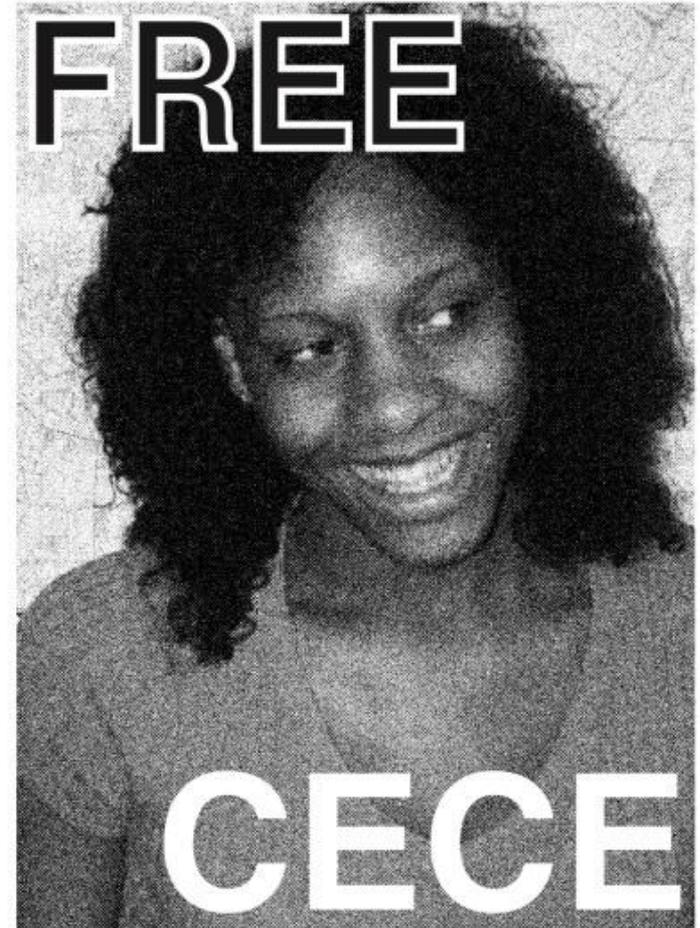
BINATIONAL COUPLES WINNING EQUALITY  
**DOMAPROJECT.ORG**



# Carry a Big Stick

*Perpetration and/or threat of violence*

V



# Dehumanization

*Control of bodies, gender and sexuality*

CB





# Closing Exercise



- Actionable Steps are Pivotal!
  - List one thing that you want to do in your work or your personal life ( or both!) when you leave this room.
  - Place it in the box that is going around
  - When you all leave today, make sure you take a card from the box.
  - Sometimes we know where we want to start, but as a learning community we should also learn from others.

