

How to find services

211info

To find services by phone, call 211 or 1-800-723-3638. This service is available in many areas and will be statewide in 2013.

You can also search online for services in your area using the Internet by going to 211info.org.

211info works to put people in Oregon in contact with a variety of services they may need.

211info provides all services in English and Spanish, and interpreters are available for more than 150 different languages.

Information and referrals are available for a variety of services including:

Health

- Alcohol and drug use;
- Dental care;
- Immunizations;
- Health insurance — Oregon Health Plan and Healthy Kids;
- Mental health;
- Health departments;
- Prenatal care;
- Low-cost clinics, medication and urgent care;
- Birth control, STI/HIV, pregnancy tests;
- Women's health care.



Food and nutrition

- Women, Infants and Children (WIC) nutrition program;
- Emergency food;
- Supplemental Nutritional Assistance Program (SNAP) — formerly food stamps.

Housing and your neighborhood

- Animal control, pollution, hazardous materials;
- Housing and shelters;
- Social services (emergency needs, utilities, senior services, legal aid).

Relationships

- Parenting help;
- Child safety;
- Safe and healthy relationships.