

Oregon School-Based Health Centers  
**Status Update**



Live,  
Learn  
and  
Play Healthy

2014



# Status Update 2014

## What is an SBHC?

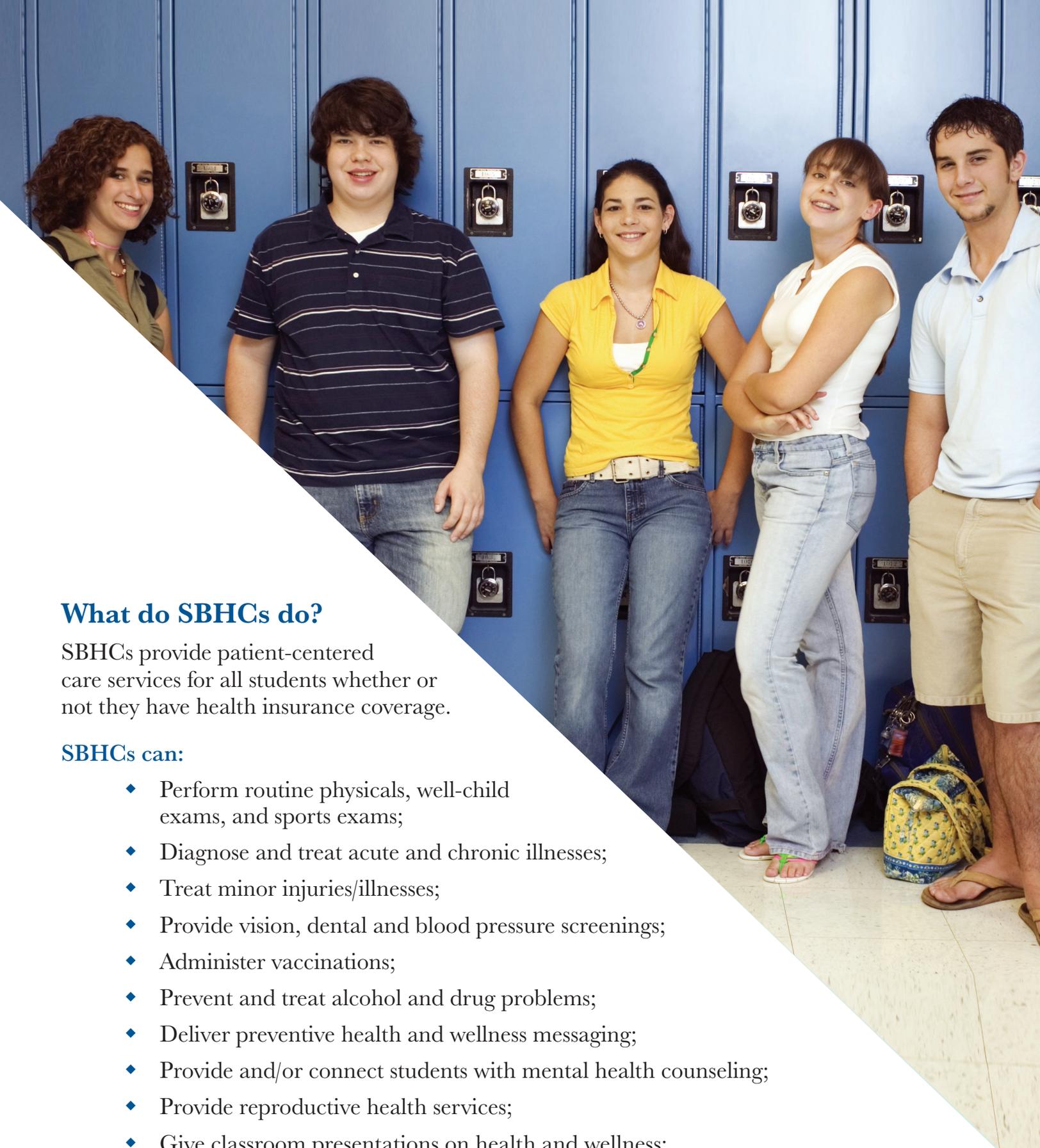
School-Based Health Centers (SBHCs) are medical clinics that offer primary care services either within or on the grounds of a school. With easy access to health care in a school setting, SBHCs reduce barriers such as cost, transportation, and concerns surrounding confidentiality that often keep children and youth from seeking the health services they need. SBHCs provide a full range of physical, mental and preventive health services to all students, regardless of their ability to pay.

Each SBHC is staffed by a primary care provider (i.e., doctor, nurse practitioner or physician’s assistant), other medical, mental, or dental health professionals and support staff such as a receptionist.

SBHCs have existed in Oregon since 1986 and succeed through unique public-private partnerships between the Oregon Public Health Division, school districts, county public health departments, public and private practitioners, parents, students, and community members.

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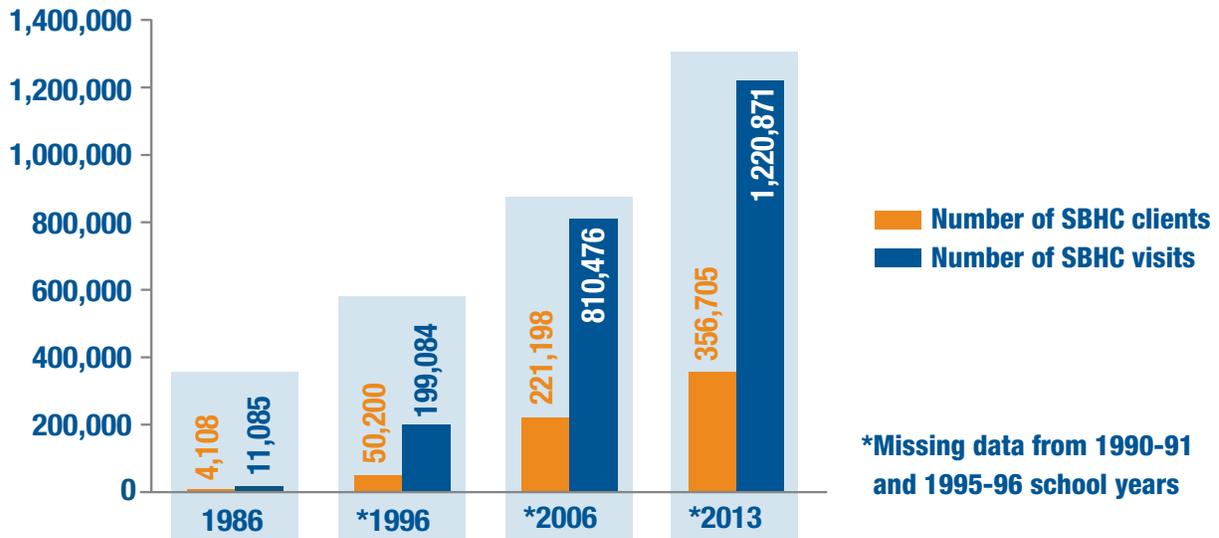
## What do SBHCs do?

SBHCs provide patient-centered care services for all students whether or not they have health insurance coverage.

### SBHCs can:

- ◆ Perform routine physicals, well-child exams, and sports exams;
- ◆ Diagnose and treat acute and chronic illnesses;
- ◆ Treat minor injuries/illnesses;
- ◆ Provide vision, dental and blood pressure screenings;
- ◆ Administer vaccinations;
- ◆ Prevent and treat alcohol and drug problems;
- ◆ Deliver preventive health and wellness messaging;
- ◆ Provide and/or connect students with mental health counseling;
- ◆ Provide reproductive health services;
- ◆ Give classroom presentations on health and wellness;
- ◆ Prescribe medication;
- ◆ Help students find social supports.

## Cumulative number of SBHC clients and visits



## How can SBHCs help youth?

SBHCs are ideally situated to help students with health-related challenges and have the opportunity to guide healthy decision-making. Areas in which youth may need health care services and prevention messaging include:<sup>1</sup>

### Improving physical health and wellness

- ◆ 11% report having a current asthma diagnosis.
- ◆ 25% are either overweight or obese.
- ◆ 19% report not having enough to eat sometime in the past year.

### Improving emotional health and wellness

- ◆ 14% reported seriously considering suicide in the past year.
- ◆ 23% report they might not have an adult in their school who cares about them.

### Reducing risk behaviors

- ◆ 21% have smoked marijuana in the past month.
- ◆ 45% have ever had sex; of those, 36% did not use a condom at last intercourse.



<sup>1</sup> 2013 Oregon Healthy Teens Survey, Oregon 11<sup>th</sup> Graders

# Fact Sheet: Status Update 2014

## 65 SBHCs in 20 Counties

- ◆ 11 elementary schools
- ◆ 5 middle schools
- ◆ 12 combined grade schools
- ◆ 37 high schools

## 12 planning grants awarded in nine counties

### Private and public partnerships

SBHCs succeed through partnerships with the medical agencies that sponsor them. Our SBHCs are sponsored by county health departments, university medical centers, private health clinics and federally qualified health centers (FQHCs).

- ◆ 44 of the 65 SBHCs (67%) are sponsored by FQHCs.
- ◆ 36 of the 65 SBHCs (55%) are sponsored by local county health departments, 22 of which have FQHC status.

## School-Based Health Centers...

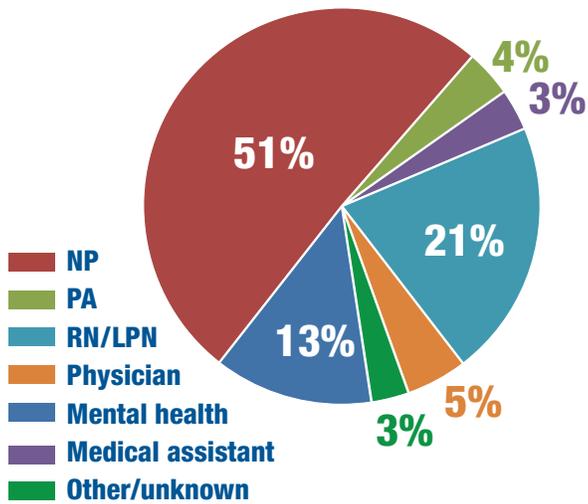
- ◆ Improve access to affordable and high quality physical, mental, dental and preventive health services.
- ◆ Treat children and youth who otherwise may not receive care.
- ◆ Reduce costs related to unnecessary hospital stays and use of emergency rooms.
- ◆ Save parents time by reducing missed work hours.
- ◆ Get students back to the classroom faster and ready to learn.
- ◆ Support students while they take charge of their health care as they become young adults.
- ◆ Meet community needs through patient-centered care.

**Served 22,408 patients in 65,705 visits**

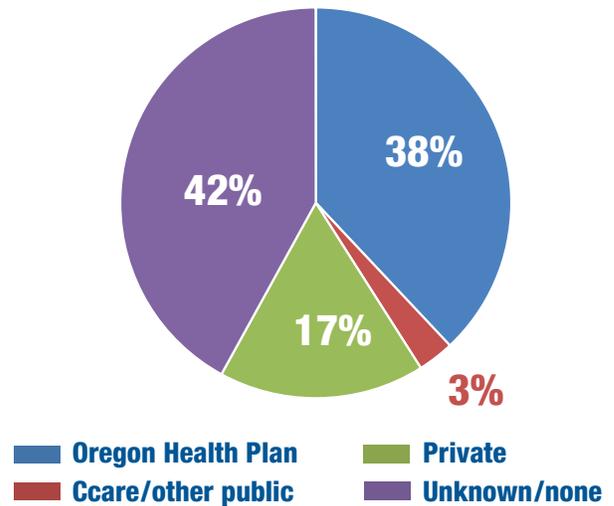
## 2012-2013 SBHC client demographics and services

- ◆ 56% of clients were female.
- ◆ 24% of clients were Hispanic/Latino(a).
- ◆ 7% of clients were Black.
- ◆ 5% of clients were American Indian.
- ◆ 86% of clients were between the ages of 5 and 21.
- ◆ 18% of visits were related to a mental health or substance use concern.
- ◆ 50% of visits were provided by nurse practitioners.
- ◆ Immunizations were given at 13% of visits.
- ◆ 10% of visits contained an adolescent well-visit.
- ◆ 38% of clients were covered by Oregon Health Plan.
- ◆ Patients visited the SBHC, on average, three times per year.

**SBHC Visits by Provider Type**



**Insurance Status of SBHC Clients 2012-13**



**Most Common Reasons for SBHC Visits**

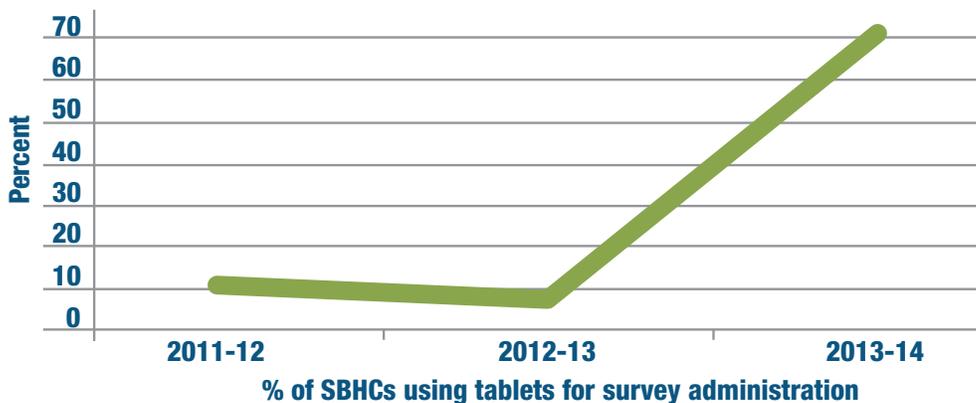
- ◆ Well child/ adolescent visit
- ◆ Reproductive health issue
- ◆ Flu vaccine
- ◆ Headache
- ◆ Attention Deficit Hyperactivity Disorder

**There were over 54,000 students with access to an SBHC during the 2012-2013 school year.**

**SBHCs and technology**

Oregon SBHCs are rapidly increasing their use of electronic health records (EHR) and other technology to improve the patient and provider experience. SBHCs are increasingly using tablets to collect satisfaction data from students.

**Tablet Use Among SBHCs for Patient Satisfaction Survey**



**The use of EHR has increased over the past several years. For the 2013-14 school year, 91% of sites are using some sort of EHR.**

# Youth Voice: Status Update 2014

## In their words: What do students say?

“I think that the School-Based Health Center is the only place I feel safe and comfortable. I have been going through a lot and the health center is the only place I would go.”

“I have arthritis and scoliosis so being able to come here when I am in pain helps me to come to school more and helps me to get through my day. I love our health office and its staff.”

“You have an amazing staff that is always helpful and kind; always explain things in a very understandable way! I feel you guys are much more helpful than going to my regular doctor and talk about the same stuff I do here.”

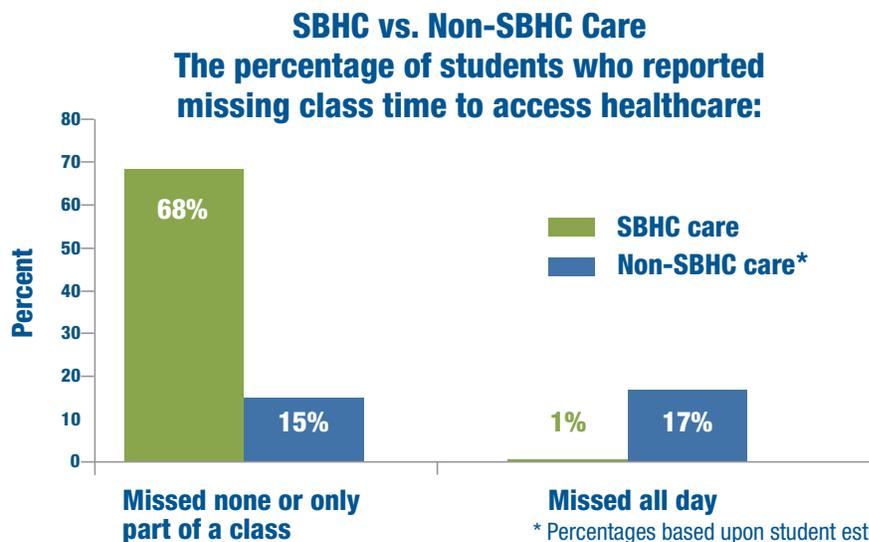
Oregon has 65 School-Based Health Centers (SBHCs) in 20 counties. Each year, the SBHC State Program Office asks a random sample of students in grades 6-12 to share their opinions of the health care they receive at their SBHCs.

During the 2012-2013 school year, 1,293 students completed the SBHC Patient Satisfaction Survey. The survey is completed by the students in an anonymous and confidential manner. SBHCs are increasingly using new technology, such as tablets, to collect satisfaction data from students.

## What youth say about the SBHC atmosphere

- ◆ 98% are comfortable going to the health center.
- ◆ 91% said the SBHC doctor or nurse explained things in a way that was easy to understand.
- ◆ 93% felt receiving care at the health center helped them to keep their healthy behaviors.
- ◆ 95% said they were likely to follow advice of health center staff.
- ◆ 85% said the care they received from the health center helped them change unhealthy/risky behaviors.

## Keeping kids in school: SBHCs keep kids healthy and ready to learn!



## Access to care

SBHCs help reduce the barriers that often prevent youth from seeking the health services they need, such as cost, inconvenience, transportation, confidentiality concerns, and comfort level discussing personal health problems.

Ninety percent of youth said they were able to get a SBHC appointment right away for the care they needed.

**75% of youth are unlikely to have received care that day if there was not an SBHC available to them.**

### In their words: What do students say?

“I really like the school-based health clinic. I wouldn’t have anywhere else to go if this wasn’t here. The nurses and staff are always so nice and very helpful. It doesn’t feel like a chore to come here because I enjoy it; the nurses/staff make you very comfortable.”

“I really appreciate that I can have a place where I can get treated. I often don’t have money to go to a regular doctor so it is great I can come here!”

## Focus on prevention

SBHC visits provide a valuable chance to talk with youth about health risks and disease prevention. SBHC providers are able to develop lasting relationships with their youth patients, which helps them monitor treatment and promote prevention activities. Most of the youth in the 2012-2013 survey reported talking with their provider about a range of prevention topics, from tobacco cessation to healthy eating.

### Preventive health topics commonly covered during SBHC visits include:



Seventy-seven percent of students reported discussing at least one preventive health topic during their health center visit.

\*Top five preventive health topics reported

# Health System Transformation: Status Update 2014

**20% of Oregonians with school-aged children have a child who has attended a school with a School-Based Health Center.**

SBHCs have the option of becoming a recognized PCPCH. Clinics must meet standards to qualify, and can reach three different tiers depending on the measures they meet. The Oregon Health Authority (OHA) is working with public and private payers across Oregon to create a strategy to reward quality, patient-centered care.

**As of September 2013, 45% of SBHC sites have applied and received Tier 2 or 3 PCPCH recognition.**

Oregon is in the midst of a major health system transformation to reach the triple aim of providing better care to achieve better health at a lower cost. Oregon's plan to meet these outcomes includes Coordinated Care Organizations (CCOs) and Patient-Centered Primary Care Homes (PCPCH). CCOs will replace a fragmented system of care that relied on different groups to meet physical health, mental health, addictions, and dental health needs with a joint network of health care clinics and providers, including state-designated PCPCH entities. Clinics must apply to the state and meet certain criteria to be recognized as certified PCPCHs.<sup>1</sup>

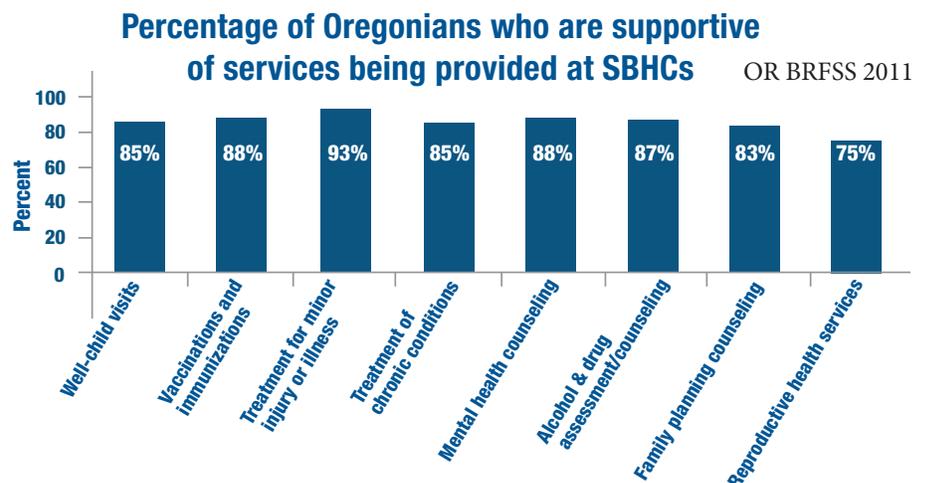
<sup>1</sup>[www.oregon.gov/oha/ohpr/Pages/healthreform/pcpch/index.aspx](http://www.oregon.gov/oha/ohpr/Pages/healthreform/pcpch/index.aspx)

## Role of SBHCs in health system transformation

SBHCs are important local partners in our current and future health care delivery system and will contribute to the goals of health system transformation.

### Primary care services in SBHCs

SBHCs reflect the core aspects of the PCPCH model by providing high quality care that meets the needs of children and youth. Because of easy access to health services in school settings, SBHCs contribute to the goals of Oregon's CCOs. By providing primary care services, including well-child visits, vaccinations, mental health counseling, and treatment of minor injury/illness and chronic disease, SBHCs are strongly supported by Oregonians.



### SBHCs participate in CCO governance\*

CCO governance structure must reflect community needs. Regular meetings of community advisory councils (CACs) are required. CCOs may also establish a clinical advisory panel, on which SBHCs may participate.

- ◆ Over half of the SBHCs report their CCO committee representative is very invested in the SBHC.
- ◆ 46 SBHC sites (71%) report having some representation within CCO governance committees.
- ◆ Involvement is not usually at the SBHC level; representatives are primarily CEOs of Federally Qualified Health Centers, County Commissioners, or Health Department Administrators.

### SBHCs help CCOs meet incentive measures

CCOs are required to collect data for 17 outcome and quality measures (aka incentive measures). One of these measures is adolescent well-care visits. Since the clinics primarily serve and are easily accessible to youth, SBHCs are poised to help CCOs meet this metric.

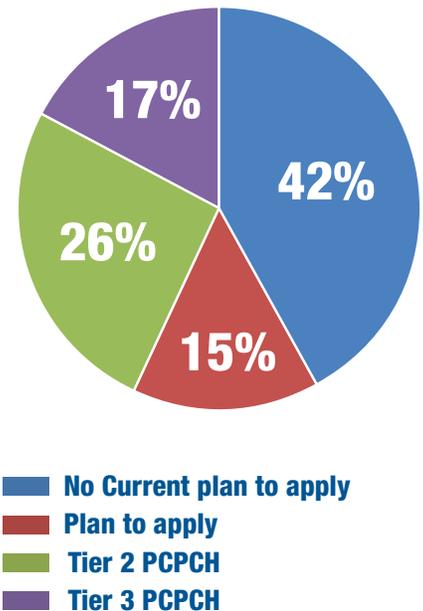
### SBHCs are defining relationships with CCOs\*

CCOs have the ability to create contracts with different provider arrangements and can include alternative payment strategies. A contract allows for data-sharing and can improve provider relationships. More than three quarters of SBHCs have a contract with a CCO.

\*CCO/SBHC Partnership Assessment, March 2013

As Oregon moves into the second year of health system transformation, CCOs will continue to strengthen their network of local providers and the state will assess CCO progress. As the process goes forward, the role of SBHCs and their relationship with CCOs will be further defined.

Status of SBHCs and PCPCH Recognition September 2013



n=65 SBHCs

**For more information visit:**  
[healthoregon.org/sbhc](http://healthoregon.org/sbhc)  
[cco.health.oregon.gov](http://cco.health.oregon.gov)  
[primarycarehome.oregon.gov](http://primarycarehome.oregon.gov)

# OREGON SCHOOL-BASED HEALTH CENTERS 2014

## WASHINGTON COUNTY ②

Century HS  
Forest Grove HS  
Merlo Station HS  
Tigard HS

## COLUMBIA COUNTY ①

Lewis & Clark ES  
Rainier JR/SR High  
Vernonia K-12

## MULTNOMAH COUNTY ①

César Chávez K-8  
Cleveland HS  
David Douglas HS  
Franklin HS  
George MS  
Grant HS  
Harrison Park K-8  
Jefferson HS

Lane MS  
Madison HS  
Parkrose HS  
Roosevelt HS

## YAMHILL COUNTY ①

Willamina HS  
Yamhill-Carlton HS

## CLACKAMAS COUNTY

Canby HS  
Estacada HS  
Milwaukie HS  
Oregon City HS  
Sandy HS

## UMATILLA COUNTY

Pendleton HS  
Sunridge HS

## POLK COUNTY ①

## LINCOLN COUNTY

Newport HS  
Taft MS/HS  
Toledo HS  
Waldport HS

## UNION COUNTY

La Grande HS  
Union SD

## BAKER COUNTY

Baker HS

## WHEELER COUNTY

Mitchell K-12

## BENTON COUNTY

Lincoln ES  
Monroe ES/MS

## GRANT COUNTY ①

## CROOK COUNTY

Crooked River ES

## LANE COUNTY

Cascade MS  
North Eugene HS  
Winston Churchill HS

## DESCHUTES COUNTY ①

Ensworth ES  
La Pine K-12 Campus  
Lynch ES  
Redmond HS  
Sisters HS

## COOS COUNTY

Marshfield HS  
Powers SD

## DOUGLAS COUNTY

Roseburg HS  
Douglas HS

## CURRY COUNTY

Brookings-Harbor HS

## JACKSON COUNTY ③

Ashland HS  
Butte Falls Charter  
Crater HS  
Eagle Point HS  
Jackson ES  
Jewett ES  
Oak Grove ES  
Phoenix ES  
Washington ES

## KLAMATH COUNTY ①

Gilchrist School

## JOSEPHINE COUNTY

Illinois Valley HS  
Lorna Byrne MS  
Evergreen ES

As of Feb. 2014

**Certified SBHCs = 65**  
**Planning Sites = 12**

-  Counties with certified SBHCs
-  Counties with certified SBHCs and planning sites
-  New counties with planning sites
-  Number of planning sites for county

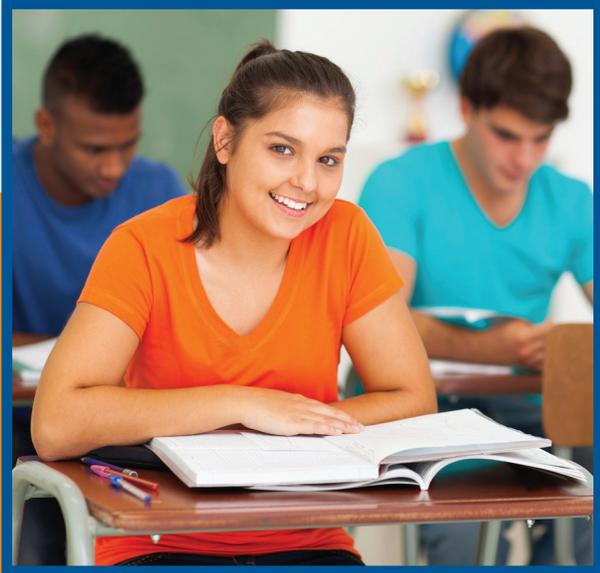


PUBLIC HEALTH DIVISION  
Center for Prevention and Health Promotion

County Name	SBHC Name	Medical Sponsor
Baker	Baker High School	Baker County Health Department
Benton	Lincoln Elementary School †	Benton Community Health Center*
	Monroe Elementary/Middle School †	Benton Community Health Center*
Clackamas	Canby High School	Clackamas County Community Health*
	Estacada High School	Legacy Mount Hood Medical Center
	Milwaukie High School †	Outside In*
	Oregon City High School	Clackamas County Community Health*
	Sandy High School	Clackamas County Community Health*
Columbia	Rainier Jr/Sr High School	The Public Health Foundation of Columbia County
	Sacagawea Health Center	The Public Health Foundation of Columbia County
	Vernonia K-12	The Public Health Foundation of Columbia County
Coos	Marshfield High School	Waterfall Clinic*
	Powers School District	Waterfall Clinic*
Crook	Crooked River Elementary School †	Mosaic Medical*
Curry	Brookings Harbor High School	Curry County Health Department
Deschutes	Ensworth Elementary School	Deschutes County Health Department
	La Pine K-12	Deschutes County Health Department
	Lynch Elementary School	Mosaic Medical*
	Redmond High School	Deschutes County Health Department
	Sisters High School	Deschutes County Health Department
Douglas	Douglas High School	Umpqua Community Health Center*
	Roseburg High School	Umpqua Community Health Center*
Jackson	Ashland High School †	Community Health Center*
	Butte Falls Charter School †	Community Health Center*
	Crater High School †	La Clinica*
	Eagle Point High School †	Community Health Center*
	Jackson Elementary School †	La Clinica*
	Jewett Elementary School †	La Clinica*
	Oak Grove Elementary School †	La Clinica*
	Phoenix Elementary School †	La Clinica*
Washington Elementary School †	La Clinica*	
Josephine	Evergreen Elementary School †	Siskiyou Community Health Center*
	Illinois Valley High School †	Siskiyou Community Health Center*
	Lorna Byrne Middle School †	Siskiyou Community Health Center*
Klamath	Gilchrist School	Klamath County Health Department
Lane	Cascade Middle School †	Peace Health Medical Group
	Churchill High School	Tony Diehl, MD
	North Eugene High School	Tony Diehl, MD
Lincoln	Newport High School	Lincoln County Health Department*
	Taft Middle/High School	Lincoln County Health Department*
	Toledo High School	Lincoln County Health Department*
	Waldport High School	Lincoln County Health Department*
Multnomah	Cesar Chavez K-8 †	Multnomah County Health Department*
	Cleveland High School †	Multnomah County Health Department*
	David Douglas High School †	Multnomah County Health Department*
	Franklin High School †	Multnomah County Health Department*
	George Middle School †	Multnomah County Health Department*
	Grant High School †	Multnomah County Health Department*
	Harrison Park †	Multnomah County Health Department*
	Jefferson High School †	Multnomah County Health Department*
	Lane Middle School †	Multnomah County Health Department*
	Madison High School †	Multnomah County Health Department*
Parkrose High School †	Multnomah County Health Department*	
Roosevelt High School †	Multnomah County Health Department*	
Umatilla	Pendleton High School	Umatilla County Health Department
	Sunridge Middle School	Umatilla County Health Department
Union	La Grande High School	Union County Center for Human Development, Inc.
	Union School District	Union County Center for Human Development, Inc.
Washington	Century High School	Virginia Garcia Memorial Health Center*
	Forest Grove High School	Virginia Garcia Memorial Health Center*
	Merlo Station High School	Oregon Health & Science University
	Tigard High School	Virginia Garcia Memorial Health Center*
Wheeler	Mitchell School	Asher Community Health Center*
Yamhill	Willamina High School	Virginia Garcia Memorial Health Center*
	Yamhill-Carlton High School	Willamette Heart

\*Indicates that the medical sponsor is a Federally Qualified Health Center.

†State PCPCH recognized



“I am very happy that I have had access to the health center because I do get sick a lot and without the health center I probably would just go home and miss school.” SBHC Youth



Oregon  
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School-Based Health Centers

PUBLIC HEALTH DIVISION

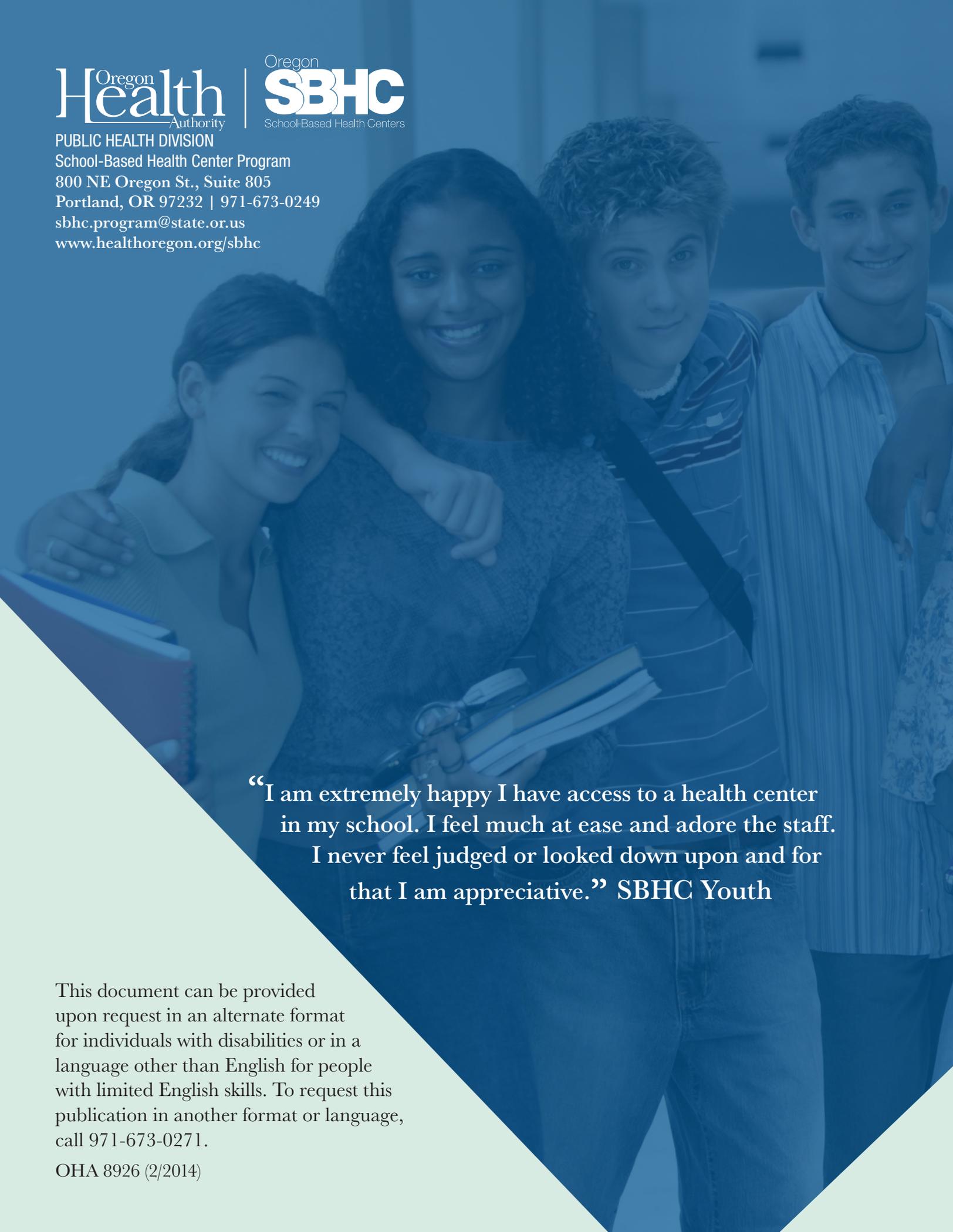
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[www.healthoregon.org/sbhc](http://www.healthoregon.org/sbhc)



“I am extremely happy I have access to a health center in my school. I feel much at ease and adore the staff. I never feel judged or looked down upon and for that I am appreciative.” SBHC Youth

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