

# Oregon SBHC Key Performance Measures Guidance Document

## Optional Measure: Nutrition Counseling



### Measure Description

The percentage of SBHC clients ages 5-21 with evidence of counseling for nutrition during the measurement school year

This measure is one of five optional Key Performance Measures (KPMs). All certified SBHCs in Oregon must select and report on one of these optional measures.

### Eligible Population

All SBHC clients seen for any reason (including physical, mental, dental health visits) during the measurement school year (July 1 – June 30) ages 5-21 at the time of their visit

### Exclusions

SBHC clients may be excluded from denominator if:

- Client 15 years of age or older refuses nutritional counseling; OR
- Parent consent for nutrition counseling is unable to be obtained after one attempt for client under 15 years of age

### Measure Specifications

Denominator:	Eligible population
Numerator:	Unique counts of SBHC clients ages 5 -21 during the measurement school year (July 1 – June 30) who received nutrition counseling
Codes:	ICD-9-CM Diagnosis: V65.3; ICD-10-CM Diagnosis Z71.3 CPT: 97802-97804 HCPCS: G0270, G0271, G0447, S9449, S9452, S9470 OR Evidence of documented nutrition counseling in chart
State Benchmark:	20% of charts sampled with documented nutrition counseling during the measurement school year
Chart Audit Requirements:	SBHCs should audit 20% of their charts of the eligible population, with a floor of 30 charts and a ceiling of 50. If the SBHC has fewer than 30 eligible charts, they should review all eligible charts.

### What “counts” as nutrition counseling?

The nutrition counseling KPM may be based on administrative (billing) data. To use the billing codes listed above, at least one of the following components must be present to count as nutrition counseling:

- Discussion of current nutrition behaviors (e.g., eating habits, dieting behaviors)
- Checklist indicating nutrition was addressed
- Counseling or referral for nutrition education
- Member received educational materials on nutrition during a face-to-face visit
- Anticipatory guidance for nutrition
- Weight or obesity counseling

## Resources

Bellanca, Helen, 2006. Healthy Weight Management is for Everyone! La Clinica del Cariño Family Health Care Center, Inc. Available at: <http://www.onecommunityhealth.org/wp-content/uploads/2013/04/Healthy-Weight-Management-Guideenglish.pdf>

Hagan JF, Shaw JS, Duncan PM, eds. 2008. "Promoting Healthy Nutrition." Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, Third Edition. Elk Grove Village, IL: American Academy of Pediatrics. Available at: [https://brightfutures.aap.org/pdfs/Guidelines\\_PDF/6-Promoting\\_Healthy\\_Nutrition.pdf](https://brightfutures.aap.org/pdfs/Guidelines_PDF/6-Promoting_Healthy_Nutrition.pdf)