



# Oregon WIC Program — Observation Review Tool – Group Education



Agency: \_\_\_\_\_

Reviewer: \_\_\_\_\_

Clinic: \_\_\_\_\_

Date: \_\_\_\_\_

Observe a nutrition education group. If observation is not possible, review a group session guide and group list.

C = Compliance    QA = Quality Assurance    N/A = Not Applicable    UO = Unable to Observe

<b>Group Title →</b>						
<b>Date →</b>						
<b>Instructor →</b>						
<b>GROUP EDUCATION</b>						<b>Notes:</b>
1	C	Is the NE lesson plan and/or group session guide on file?				
2	C	Was the intent or main objectives of the lesson covered by the instructor?				
3	C	Were the participant's cultural/language needs met?				
4	C	Was participant attendance documented in TWIST?				



PARTICIPANT CENTERED EDUCATION			Notes:			
5	QA	Were elements of Participant Centered Education demonstrated?				
<ul style="list-style-type: none"> <li>• Opens the session</li> </ul>						
<ul style="list-style-type: none"> <li>• Involves the group.               <ul style="list-style-type: none"> <li>✓ Allows everyone to talk, participate, or be silent by choice.</li> <li>✓ Pauses for answers to questions before giving info.</li> </ul> </li> </ul>						
<ul style="list-style-type: none"> <li>• Affirms participation</li> </ul>						
<ul style="list-style-type: none"> <li>• Asks open-ended questions about participants experience or ideas</li> </ul>						
<ul style="list-style-type: none"> <li>• Summarizes or reflects</li> </ul>						
<ul style="list-style-type: none"> <li>• Keeps session on topic</li> </ul>						
<ul style="list-style-type: none"> <li>• Closes the session</li> </ul>						
<ul style="list-style-type: none"> <li>• Spirit               <ul style="list-style-type: none"> <li>✓ CARING</li> <li>✓ Displays positive energy and relaxed, open body language</li> </ul> </li> </ul>						