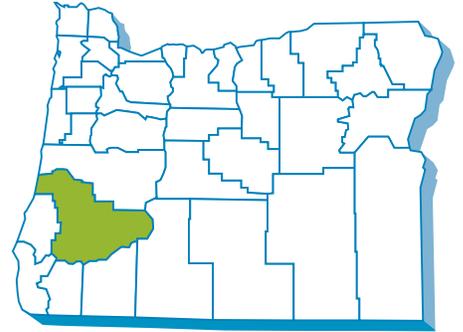
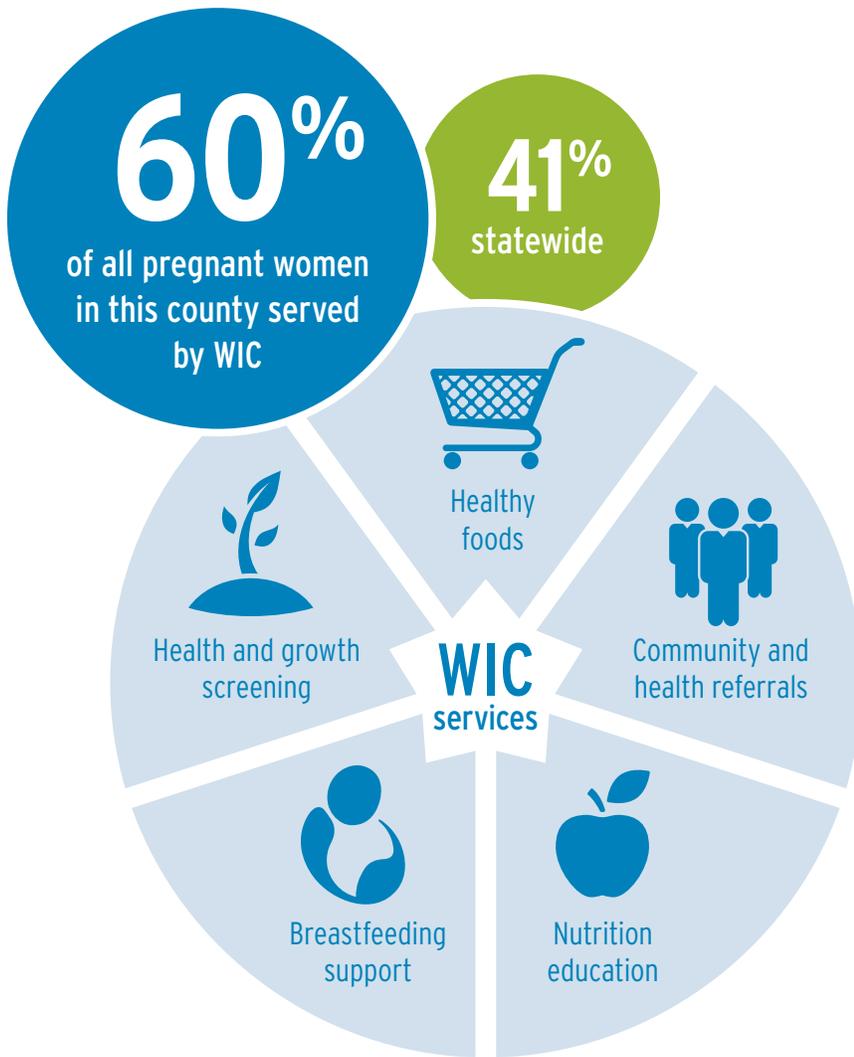




# 2015 WIC Facts

WIC of Douglas County (A Program of UCAN)



# 5,256

Women, infants and children who participated in WIC

# 3,755

Infants and children under five

# 1,501

Pregnant, breastfeeding and post-partum women

# 2,270

WIC families served

# 62%

Working families

## BREASTFEEDING

# 89%

WIC moms start out breastfeeding.

# 34%

WIC moms breastfeed exclusively for six months.

National health organizations recommend that breastfeeding is the sole source of nutrition in the first 6 months.

# 2015 WIC Facts

## WIC of Douglas County (A Program of UCAN)

---



### WIC-AUTHORIZED GROCERY STORES IN THIS COUNTY

19 WIC-authorized stores:

- 4 Independent stores
- 11 Large regional or national chain stores
- 2 Small chain stores
- 2 Pharmacies



### WIC AND FDNP-AUTHORIZED FARMERS IN THIS COUNTY

- 17 Farmers at 4 farmers' markets
- 10 Farm stands



### ECONOMIC BENEFITS OF WIC

Total dollars spent by this agency's participants at local WIC retailers for healthy foods:

# \$2,292,632



### WIC FARM DIRECT NUTRITION PROGRAM

*The Farm Direct Nutrition Program (FDNP) provides families an additional source of nutritious food and education on selecting and preparing fresh produce. FDNP also supports local farmers' markets and farmers.*

FDNP dollars spent by this agency's participants and paid to local farmers:

# \$13,236



### WIC CLINIC SITES

- Roseburg
- Canyonville
- Drain
- Glendale
- Glide
- Myrtle Creek
- Reedsport
- Sutherlin
- Winston



For more details about these numbers, please visit:

<https://public.health.oregon.gov/HealthyPeopleFamilies/wic/Pages/annual.aspx>

### Contact your local WIC

541-440-3516

[www.ucancap.org/need-help/getting-wic-services/](http://www.ucancap.org/need-help/getting-wic-services/)

### Contact the Oregon State WIC Program

1-800-735-2900

[www.healthoregon.org/wic](http://www.healthoregon.org/wic)

---

This document can be provided upon request in an alternate format for individuals with disabilities or in a language other than English for people with limited English skills. To request this publication in another format or language, contact Oregon WIC at 971-673-0040 or 711 for TTY.