



Extras

Section 4

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Job Aids

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Job Aid**Common WIC Abbreviations**

>	More than
≥	More than or equal to
<	Less than
≤	Less than or equal to
2x	Two times
ADD	Actual Date of Delivery
Appt	Appointment
BMI	Body Mass Index
C	Child
Cm	Centimeter
DOB	Date of Birth
Dx	Diagnosis
EDD	Expected Date of Delivery
FAS	Fetal Alcohol Syndrome
FI	Food Instrument (Voucher)
FTT	Failure to Thrive
Hct	Hematocrit
Hgb	Hemoglobin
Ht	Height
Hx	History

IB	Infant, partially breastfeeding, receiving some formula
IE	Infant, exclusively breastfeeding, not receiving formula
IN	Infant, formula feeding
Kg	Kilogram
LBW	Low Birth Weight
LGA	Large for Gestational Age
NE	Nutrition Education
Nutr	Nutrition
Pt	Patient
Ppt	Participant
SGA	Small for Gestational Age
RD	Registered Dietitian
Rx	Prescription
Tx	Treatment
w/	with
WB	Woman, partially breastfeeding, using some formula from WIC
WE	Woman, exclusively breastfeeding
WN	Woman, not breastfeeding, postpartum
w/o	without
WP	Woman, pregnant
Wt	Weight

This is a list of all risk numbers and their names.

100s

- 101 *Underweight (Women)*
- 103 *Underweight (Infants and Children)*
- 111 *Overweight (Women)*
- 113 *Overweight (2 – 5 years old)*
- 114 *At Risk for Overweight*
- 115 *High Weight for Length*
- 121 *Short Stature*
- 131 *Low Maternal Weight Gain*
- 132 *Maternal Weight Loss during Pregnancy*
- 133 *High Maternal Weight Gain*
- 134 *Failure to Thrive (FTT)*
- 135 *Slow Weight Gain*
- 141 *Low Birth Weight (LBW)*
- 142 *Prematurity*
- 151 *Small for Gestational Age (SGA)*
- 153 *Large for Gestational Age (LGA)*

200s

- 201 *Low Hematocrit / Low Hemoglobin*
- 211 *Elevated Blood Lead Levels*

300s

- 301 *Hyperemesis Gravidarum*
- 302 *Gestational Diabetes*
- 303 *History of Gestational Diabetes*
- 304 *History of Preeclampsia*
- 311 *History of Preterm Delivery*
- 312 *History of Low Birth Weight (LBW)*
- 321 *History of Fetal or Neonatal Loss*
- 331 *Pregnancy at a Young Age*

300s continued

- 332 *Closely Spaced Pregnancy*
- 333 *High Parity and Young Age*
- 334 *Lack of or Inadequate Prenatal Care*
- 335 *Multiple Fetus Pregnancy*
- 336 *Fetal Growth Restriction*
- 337 *History of a Birth of a Large for Gestational Age Infant*
- 338 *Pregnant Woman Currently Breastfeeding*
- 339 *History of a Birth with a Congenital Birth Defect*
- 341 *Nutrient Deficiency Diseases*
- 342 *Gastro-Intestinal Disorders*
- 343 *Diabetes Mellitus*
- 344 *Thyroid Disorders*
- 345 *Hypertension and Prehypertension*
- 346 *Renal Disease*
- 347 *Cancer*
- 348 *Central Nervous System Disorders*
- 349 *Genetic and Congenital Disorders*
- 351 *Inborn Errors of Metabolism*
- 352 *Infectious Diseases*
- 353 *Food Allergies*
- 354 *Celiac Disease*
- 355 *Lactose Intolerance*
- 356 *Hypoglycemia*
- 357 *Drug Nutrient Interactions*
- 358 *Eating Disorders*
- 359 *Recent Major Surgery, Trauma or Burns*
- 360 *Other Medical Conditions*
- 361 *Depression*
- 362 *Developmental, Sensory or Motor Delays Interfering with Eating*
- 363 *Pre-Diabetes*
- 371 *Maternal Smoking*
- 372 *Alcohol or Illegal and/or Illicit Drug Use*
- 381 *Oral Health Conditions*
- 382 *Fetal Alcohol Syndrome (FAS)*

400s - See Dietary Risk Module**500s**

501 *Preventive Maintenance*

502 *Transfer of Certification*

600s

601 *Breastfeeding Mother of Infant at Nutritional Risk*

602 *Breastfeeding Complications or Potential Complications (Woman)*

603 *Breastfeeding Complications or Potential Complications (Infant)*

700s

701 *Infant Born to WIC Mom or WIC-Eligible Mom*

702 *Breastfeeding Infant of Woman at Nutritional Risk*

703 *Infant of Woman with Alcohol or Drug Use or Mental Retardation*

800s

801 *Homelessness*

802 *Migrancy*

900s

901 *Recipient of Abuse*

902 *Woman or Primary Caregiver with Limited Ability to Make Feeding
Decisions and/or Prepare Food*

903 *Foster Care*

904 *Environmental Tobacco Smoke Exposure (ETS)*

Job Aid**Risk List for Women****100s – Anthropometric Risks**

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
101	Underweight	All Women	M	No	TWIST-selected
111	Overweight	All Women	M	No	TWIST-selected
131	Low Maternal Weight Gain	Pregnant Women only	H or M	No	TWIST-selected
132	Maternal Weight Loss during Pregnancy	Pregnant Women only	M	No	TWIST-selected
133	High Maternal Weight Gain	All Women	M	No	TWIST-selected

200s – Biochemical Risks

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
201	Low Hemoglobin Low Hematocrit	ALL	H or M	If needed, change risk level to HIGH	TWIST-selected
211	Elevated Blood Lead Levels	ALL	H	No	TWIST-selected

300s – Clinical/Medical Risks

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
301	Hyperemesis Gravidarum	Pregnant Women only	H	No	CPA-selected
302	Gestational Diabetes	Pregnant Women only	H	No	CPA-selected
303	History of Gestational Diabetes	All Women	L	No	CPA-selected

300s – Clinical/Medical Risks

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
304	History of Preeclampsia	All women	L	No	CPA-selected
311	History of Preterm Delivery	All Women	L	No	CPA-selected
312	History of Low Birth Weight	All Women	L	No	CPA-selected
321	History of Fetal or Neonatal Loss	All Women	L	No	CPA-selected
331	Pregnancy at a Young Age	All Women	H or M	If needed, change risk level to HIGH.	TWIST-selected
332	Closely Spaced Pregnancy	All Women	L	No	CPA-selected
333	High Parity and Young Age	All Women	L	Document age at conception in Notes or Progress Notes.*	CPA-selected
334	Lack of or Inadequate Prenatal Care	Pregnant Women only	L	If based on assessment of ongoing prenatal visits, document the number of visits and weeks gestation in Notes or Progress Notes.*	both
335	Multiple Fetus Pregnancy	All Women	M	Document number of fetuses in Notes or Progress Notes.*	TWIST-selected
336	Fetal Growth Restriction	Pregnant Women only	L	No	CPA-selected
337	History of a Birth of a Large for Gestational Age Infant	All Women	L	No	CPA-selected
338	Pregnant Woman Currently Breastfeeding	Pregnant Women only	L	No	CPA-selected
339	History of a Birth with a Congenital Birth Defect	All Women	L	No	CPA-selected

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
341	Nutrient Deficiency Diseases	ALL	H	Document specific condition in Progress Notes.	CPA-selected
342	Gastro-Intestinal Disorders	ALL	H	Document specific condition in Progress Notes.	CPA-selected
343	Diabetes Mellitus	ALL	H	No	CPA-selected
344	Thyroid Disorders	All	M	Document specific condition in Progress Notes.	CPA-selected
345	Hypertension and Prehypertension	ALL	H	No	CPA-selected
346	Renal Disease	ALL	H	Document specific condition in Progress Notes.	CPA-selected
347	Cancer	ALL	H	Document specific condition in Progress Notes.	CPA-selected
348	Central Nervous System Disorders	ALL	H	Document specific condition in Progress Notes.	CPA-selected
349	Genetic and Congenital Disorders	ALL	H	Document specific condition in Progress Notes.	CPA-selected
351	Inborn Errors of Metabolism	ALL	H	Document specific condition in Progress Notes.	CPA-selected
352	Infectious Diseases	ALL	H	Document specific condition in Progress Notes.	CPA-selected
353	Food Allergies	ALL	M	Document specific allergy in Notes or Progress Notes.*	CPA-selected
354	Celiac Disease	ALL	H	No	CPA-selected

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
355	Lactose Intolerance	ALL	L	Document the symptoms when ingesting dairy products and that avoidance of dairy eliminates symptoms in Notes or Progress Notes.*	CPA-selected
356	Hypoglycemia	ALL	L	No	CPA-selected
357	Drug Nutrient Interactions	ALL	H	Document specific drug and symptom in Progress Notes.	CPA-selected
358	Eating Disorders	All Women	H	Document specific condition in Progress Notes.	CPA-selected
359	Recent Major Surgery, Trauma or Burns	ALL	L	Document specific type of surgery, trauma or burns in the Notes or Progress Notes*, except for Cesarean Section when documented in the health history questionnaire.	CPA-selected
360	Other Medical Conditions	ALL	H	Document specific type of medical condition in the Progress Notes.	CPA-selected
361	Depression	All Women		Document type of depression in Progress Notes	CPA-selected
362	Developmental, Sensory or Motor Delays Interfering with Eating	ALL	H	Document specific type of delay in the Progress Notes.	CPA-selected
363	Pre-Diabetes	Post-partum Women	H	No	CPA-selected
371	Maternal Smoking	All Women	L	No	TWIST-selected

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
372	Alcohol or Illegal and/or Illicit Drug Use	All Women	M	Document specific type of alcohol or drug use in Notes or Progress Notes.*	CPA-selected
381	Oral Health Conditions	ALL	L	Document specific type of dental problems in Notes or Progress Notes.*	CPA-selected

400s – See Dietary Risk Module

500s, 600s, 700s, 800s, 900s – Other Risks

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
501	Preventive Maintenance	WE, WB, WN only	L	Document the reason for possible regression in the Notes or Progress Notes.*	CPA-selected
502	Transfer of Certification	ALL	L	No	CPA-selected
601	Breastfeeding Mother of Infant at Nutritional Risk	Breastfeeding women only	L	No	CPA-selected
602	Breastfeeding Complications or Potential Complications	Breastfeeding women only	M	Document specific type of breastfeeding problem in Notes or Progress Notes.*	CPA-selected
801	Homelessness	ALL	L	No	TWIST-selected
802	Migrancy	ALL	L	No	TWIST-selected
901	Recipient of Abuse	ALL	L	No	TWIST-selected

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
902	Woman or Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food	ALL	H	Document specific type of problem in the Progress Notes.	CPA-selected
903	Foster Care	ALL	L	No	CPA-selected
904	Environmental Tobacco Smoke Exposure (ETS)	ALL	L	No	TWIST-selected

*Follow your Local Agency Policy on whether to enter additional documentation for low- and medium-risk levels in the Notes or Progress Notes. See the *Documentation* lesson in the *Nutrition Risk Module* for more information.

Job Aid Risk List for Infants and Children

100s – Anthropometric Risks

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
103	Underweight	I, C	H	No	TWIST-selected
113	Overweight	C (2 – 5 years)	H or M	If needed, change risk level to HIGH.	TWIST-selected
114	At Risk for Overweight	C (2 – 5 years)	M	No	TWIST-selected
115	High Weight for Length	I, C (up to 24 mo.)	M	No	TWIST-selected
121	Short Stature (Monitor Growth)	I, C	L	No	TWIST-selected
134	Failure to Thrive	I, C	H	No	CPA-selected
135	Slow Weight Gain	I, C	M	No	TWIST-selected
141	Low Birth Weight (LBW)	I, C (up to 24 mo.)	H or M	If needed, change risk level to HIGH.	TWIST-selected
142	Prematurity	I, C (up to 24 mo.)	M	If premature and under 24 months, document the weeks gestation.	TWIST-selected
151	Small for Gestational Age (SGA)	I, C (up to 24 mo.)	L	No	CPA-selected
153	Large for Gestational Age	Infants only	L	No	TWIST-selected

200s – Biochemical Risks

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
201	Low Hemoglobin Low Hematocrit	ALL	H or M	If needed, change risk level to HIGH.	TWIST-selected
211	Elevated Blood Lead Levels	ALL	H	No	TWIST-selected

300s – Clinical/Medical Risks

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
341	Nutrient Deficiency Diseases	ALL	H	Document specific condition in Progress Notes.	CPA-selected
342	Gastro-Intestinal Disorders	ALL	H	Document specific condition in Progress Notes.	CPA-selected
343	Diabetes Mellitus	ALL	H	No	CPA-selected
344	Thyroid Disorders	All	M	Document specific condition in Progress Notes.	CPA-selected
345	Hypertension and Pre-hypertension	ALL	H	No	CPA-selected
346	Renal Disease	ALL	H	Document specific condition in Progress Notes.	CPA-selected
347	Cancer	ALL	H	Document specific condition in Progress Notes.	CPA-selected
348	Central Nervous System Disorders	ALL	H	Document specific condition in Progress Notes.	CPA-selected
349	Genetic and Congenital Disorders	ALL	H	Document specific condition in Progress Notes.	CPA-selected
351	Inborn Errors of Metabolism	ALL	H	Document specific condition in Progress Notes.	CPA-selected
352	Infectious Diseases	ALL	H	Document specific condition in Progress Notes.	CPA-selected
353	Food Allergies	ALL	M	Document specific allergy in Notes or Progress Notes.*	CPA-selected
354	Celiac Disease	ALL	H	No	CPA-selected

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
355	Lactose Intolerance	ALL	L	Document the symptoms when ingesting dairy products and that avoidance of dairy eliminates symptoms in Notes or Progress Notes.*	CPA-selected
356	Hypoglycemia	ALL	L	No	CPA-selected
357	Drug Nutrient Interactions	ALL	H	Document specific drug and symptom in Progress Notes.	CPA-selected
359	Recent Major Surgery, Trauma or Burns	ALL	L	Document specific type of surgery, trauma or burns in the Notes or Progress Notes.*	CPA-selected
360	Other Medical Conditions	ALL	H	Document specific type of medical condition in the Progress Notes.	CPA-selected
362	Developmental, Sensory or Motor Delays Interfering with Eating	ALL	H	Document specific type of delay in the Progress Notes.	CPA-selected
381	Oral Health Conditions	ALL	L	Document specific type of dental problems in Notes or Progress Notes.*	CPA-selected
382	Fetal Alcohol Syndrome	I, C	H	No	CPA-selected

400s – See Dietary Risk Module

500s, 600s, 700s, 800s, 900s – Other Risks

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
501	Preventive Maintenance	I, C	L	Document the reason for possible regression in the Notes or Progress Notes.*	CPA-selected
502	Transfer of Certification	ALL	L	No	CPA-selected
603	Breastfeeding Complications or Potential Complications	Infants only	M	Document specific type of breastfeeding problem in Notes or Progress Notes.*	CPA-selected
701	Infant Born to WIC Mom or WIC-Eligible Mom	Infants only < 6 months	L	If mother not on WIC during pregnancy, document which risk would have qualified her for WIC.	CPA-selected
702	Breastfeeding Infant of Woman at Nutritional Risk	Infants only	L	No	CPA-selected
703	Infant of Woman with Alcohol or Drug Use or Mental Retardation	Infants only	H	Document specific type of problem in the Progress Notes.	CPA-selected
801	Homelessness	ALL	L	No	TWIST-selected
802	Migrancy	ALL	L	No	TWIST-selected

Risk Code	Risk Name	Category	Risk Level	Additional Documentation	How Assigned?
901	Recipient of Abuse	ALL	L	No	TWIST-selected
902	Woman or Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food	ALL	H	Document specific type of problem in the Progress Notes.	CPA-selected
903	Foster Care	ALL	L	No	CPA-selected
904	Environmental Tobacco Smoke Exposure (ETS)	ALL	L	No	TWIST-selected

*Follow your Local Agency Policy on whether to enter additional documentation for low- and medium-risk levels in the Notes or Progress Notes. See the *Documentation* lesson in the *Nutrition Risk Module* for more information.

Job Aid**Disease Names and Risk Codes**

Use this Job Aid to find the Risk Code for a specific disease.

NOTE

Some of these diseases may not automatically qualify for the risk.

See the Risk Info Sheet for complete information.

For this condition:	See this Risk Info Sheet:
AIDS	<i>Risk 352 – Infectious Diseases</i>
Anencephaly	<i>Risk 348 – Central Nervous System Disorders and Risk 339 – History of a Birth with a Congenital Birth Defect</i>
Autism	<i>Risk 362 – Developmental, Sensory or Motor Delays Interfering with Eating</i>
Anemia	<i>Risk 201 – Low Hematocrit/Low Hemoglobin</i>
Anorexia Nervosa	<i>Risk 358 – Eating Disorders</i>
Arthritis	<i>Risk 360 – Other Medical Conditions</i>
Asthma	<i>Risk 360 – Other Medical Conditions</i>
Baby Bottle Tooth Decay	<i>Risk 381 – Oral Health Conditions</i>
Bowel Resection	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Brain Damage	<i>Risk 362 – Developmental, Sensory or Motor Delays Interfering with Eating</i>
Branched Chain Ketoaciduria	<i>Risk 351 – Inborn Errors of Metabolism</i>
Bronchial Asthma	<i>Risk 360 – Other Medical Conditions</i>
Bronchiolitis	<i>Risk 352 – Infectious Diseases</i>
Bulimia	<i>Risk 358 – Eating Disorders</i>
C-section	<i>Risk 359 – Recent Major Surgery, Trauma or Burns</i>
Cancer	<i>Risk 347 – Cancer</i>
Cardiorespiratory Diseases	<i>Risk 360 – Other Medical Conditions</i>

NOTE

Some of these diseases may not automatically qualify for the risk.

See the Risk Info Sheet for complete information.

For this condition:	See this Risk Info Sheet:
Celiac Disease	<i>Risk 354 – Celiac Disease</i>
Celiac Sprue	<i>Risk 354 – Celiac Disease</i>
Cerebral Palsy	<i>Risk 348 – Central Nervous System Disorders</i>
Cesarean	<i>Risk 359 – Recent Major Surgery, Trauma or Burns</i>
Cholecystitis	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Cholelithiasis	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Cleft Lip or Palate	<i>Risk 349 – Genetic and Congenital Disorders and Risk 339 – History of a Birth with a Congenital Birth Defect</i>
Crohn’s Disease	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Cystic Fibrosis	<i>Risk 360 – Other Medical Conditions</i>
Depression	<i>Risk 361 – Depression</i>
Developmental Disorders	<i>Risk 362 – Developmental, Sensory or Motor Delays Interfering with Eating</i>
Diabetes Mellitus (Type 1 or Type 2)	<i>Risk 343 – Diabetes Mellitus</i>
Down Syndrome	<i>Risk 349 – Genetic and Congenital Disorders</i>
Epilepsy	<i>Risk 348 – Central Nervous System Disorders</i>
Failure to Thrive	<i>Risk 134 – Failure to Thrive (FTT)</i>
Fetal Alcohol Syndrome	<i>Risk 382 – Fetal Alcohol Syndrome (FAS)</i>
Fetal Growth Restriction	<i>Risk 336 – Fetal Growth Restriction</i>
Food Allergy	<i>Risk 353 – Food Allergies</i>
Galactosemia	<i>Risk 351 – Inborn Errors of Metabolism</i>
Gallbladder Disease	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Gestational Diabetes	<i>Risk 302 – Gestational Diabetes or Risk 303 – History of Gestational Diabetes</i>
Gingivitis of Pregnancy	<i>Risk 381 – Oral Health Conditions</i>

NOTE

Some of these diseases may not automatically qualify for the risk.

See the Risk Info Sheet for complete information.

For this condition:	See this Risk Info Sheet:
Gluten Enteropathy	<i>Risk 354 – Celiac Disease</i>
Gluten Sensitivity	<i>Risk 354 – Celiac Disease</i>
Heart Disease	<i>Risk 360 – Other Medical Conditions</i>
Hepatitis	<i>Risk 352 – Infectious Diseases</i>
High Blood Pressure	<i>Risk 345 – Hypertension</i>
HIV	<i>Risk 352 – Infectious Diseases</i>
Hyperemesis Gravidarum	<i>Risk 301 – Hyperemesis Gravidarum</i>
Hypertension	<i>Risk 345 – Hypertension and Prehypertension</i>
Hyperthyroidism	<i>Risk 344 – Thyroid Disorders</i>
Hypoglycemia	<i>Risk 356 – Hypoglycemia</i>
Hypothyroidism	<i>Risk 344 – Thyroid Disorders</i>
Inflammatory Bowel Disease	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Intrauterine Growth Restriction	<i>Risk 336 – Fetal Growth Restriction</i>
IUGR	<i>Risk 336 – Fetal Growth Restriction</i>
Juvenile Rheumatoid Arthritis (JRA)	<i>Risk 360 – Other Medical Conditions</i>
Kidney Disease	<i>Risk 346 – Renal Disease</i>
Lactose Intolerance	<i>Risk 355 – Lactose Intolerance</i>
Elevated Blood Lead Levels	<i>Risk 211 – Elevated Blood Lead Levels</i>
Liver Disease	<i>Risk 342 – Gastro-Intestinal Disorders or Risk 352 – Infectious Disease (Hepatitis)</i>
Lupus Erythematosus	<i>Risk 360 – Other Medical Conditions</i>
Malabsorption Syndrome	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Malnutrition	<i>Risk 341 – Nutrient Deficiency Diseases</i>

NOTE

Some of these diseases may not automatically qualify for the risk.

See the Risk Info Sheet for complete information.

For this condition:	See this Risk Info Sheet:
Maple Sugar Urine Disease (MSUD)	<i>Risk 351 – Inborn Errors of Metabolism</i>
Metabolic Diseases	<i>Risk 351 – Inborn Errors of Metabolism</i>
Meningitis	<i>Risk 352 – Infectious Diseases</i>
Meningocele	<i>Risk 348 – Central Nervous System Disorders and Risk 339 – History of a Birth with a Congenital Birth Defect</i>
Mentally Delayed	<i>Risk 902 – Woman or Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food</i>
Multiple Sclerosis	<i>Risk 348 – Central Nervous System Disorders</i>
Myelomeningocele	<i>Risk 348 – Central Nervous System Disorders and Risk 339 – History of a Birth with a Congenital Birth Defect</i>
Necrotizing Enterocolitis (NEC)	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Neural Tube Defects (NTD)	<i>Risk 348 – Central Nervous System Disorders and Risk 339 – History of a Birth with a Congenital Birth Defect</i>
Non-tropical sprue	<i>Risk 354 – Celiac Disease</i>
Occulta	<i>Risk 348 – Central Nervous System Disorders and Risk 339 – History of a Birth with a Congenital Birth Defect</i>
Parasites	<i>Risk 352 – Infectious Diseases</i>
Pancreatitis	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Parkinson’s Disease	<i>Risk 348 – Central Nervous System Disorders</i>
Periodontal Disease	<i>Risk 381 – Oral Health Problems</i>
Persistent Proteinuria	<i>Risk 346 – Renal Disease</i>
Phenylketonuria (PKU)	<i>Risk 351 – Inborn Errors of Metabolism</i>
PIH	<i>Risk 345 – Hypertension</i>

NOTE

Some of these diseases may not automatically qualify for the risk.

See the Risk Info Sheet for complete information.

For this condition:	See this Risk Info Sheet:
Pinworm	<i>Risk 352 – Infectious Diseases</i>
PKU	<i>Risk 351 – Inborn Errors of Metabolism</i>
Pneumonia	<i>Risk 352 – Infectious Diseases</i>
Polycystic Kidney Disease	<i>Risk 346 – Renal Disease</i>
Pre-Diabetes	<i>Risk 363 – Pre-Diabetes</i>
Pregnancy Induced Hypertension	<i>Risk 345 – Hypertension</i>
Pre-eclampsia	<i>Risk 304 – History of Pre-eclampsia</i>
Protein Energy Malnutrition	<i>Risk 341 – Nutrient Deficiency Diseases</i>
Proteinuria	<i>Risk 346 – Renal Disease</i>
Pyelonephritis	<i>Risk 346 – Renal Disease</i>
Renal Disease	<i>Risk 346 – Renal Disease</i>
Rheumatoid Arthritis	<i>Risk 360 – Other Medical Conditions</i>
Rickets	<i>Risk 341 – Nutrient Deficiency Diseases</i>
Scurvy	<i>Risk 341 – Nutrient Deficiency Diseases</i>
Short Bowel Syndrome	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Sickle Cell Anemia	<i>Risk 349 – Genetic and Congenital Disorders</i>
Small Bowel Enterocolitis	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Small Bowel Syndrome	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Small for Gestational Age	<i>Risk 151 – Small for Gestational Age (SGA)</i>
Spina Bifida	<i>Risk 348 – Central Nervous System Disorders and Risk 339 – History of a Birth with a Congenital Birth Defect</i>
Tapeworm	<i>Risk 352 – Infectious Diseases</i>
TB	<i>Risk 352 – Infectious Diseases</i>

NOTE

Some of these diseases may not automatically qualify for the risk.

See the Risk Info Sheet for complete information.

For this condition:	See this Risk Info Sheet:
Thalassemia	<i>Risk 349 – Genetic and Congenital Disorders</i>
Toxemia	<i>Risk 345 – Hypertension</i>
Tuberculosis	<i>Risk 352 – Infectious Diseases</i>
Type 1 Diabetes	<i>Risk 343 – Diabetes Mellitus</i>
Type 2 Diabetes	<i>Risk 343 – Diabetes Mellitus</i>
Ulcerative Colitis	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Ulcers	<i>Risk 342 – Gastro-Intestinal Disorders</i>
Vitamin A Excess	<i>Risk 339 – History of a Birth with a Congenital Birth Defect</i>
Zinc Deficiency	<i>Risk 339 – History of a Birth with a Congenital Birth Defect</i>

Job Aid	Who Can Assess, Assign and Counsel for Nutrition Risks?
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Task/responsibility	Clerk	Health Assistant	Paraprofessional CPA	Professional CPA*	WIC Nutritionist**
Enters medical and health information on TWIST	✓	✓	✓	✓	✓
Assesses nutrition risk, assigns risk factors			✓	✓	✓
Assesses risk level – high, medium, low			✓	✓	✓
Refers high-risk clients to the WIC Nutritionist			✓	✓	
Refers medium-risk clients to a Professional CPA or WIC Nutritionist			✓		
Counsels low-risk participants			✓	✓	✓
Counsels medium-risk participants			✓ †	✓	✓
Counsels high-risk participants					✓
Writes care plans for high-risk participants					✓
Provides group nutrition education			✓	✓	✓
Provides follow-up for high-risk participants			✓	✓	✓

†Referral to health professional or WIC nutritionist recommended.

*Professional CPA(s)_____

**WIC Nutritionist(s)_____

NOTE

Women and infants with breastfeeding problems may also be referred to a health professional with advanced lactation training or to an IBCLC.

Lactations Specialist(s)_____

Risks 601 & 702

Risk code **601** for breastfeeding mothers and Risk code **702** for breastfeeding infants are used to keep the mother/infant dyad at the same priority level. This is important for WIC eligibility purposes. Use the risk codes in the following four instances:

Mother

1. Use Risk **601** for a mother if she does not have a nutrition risk that qualifies her for WIC, but her infant does.
2. Use Risk **601** if the mother has a lower priority diet risk, and her infant has a higher priority risk such as an anthropometric, biochemical, or clinical risk. This will raise the mother to the same priority level as the infant.

Infant

3. Use Risk **702** for an infant who does not have a nutrition risk that qualifies him for WIC, but his mother does.
4. Use Risk **702** if the infant has a lower priority diet risk, and his mother has a higher priority risk such as an anthropometric, biochemical, or clinical risk. This will raise the infant to the same priority level as the mother.

Risk 701

Risk 701 is used in two instances only:

1. Use Risk 701 for an infant less than 6 months old, whose mother was on WIC during her pregnancy.
2. Use Risk 701 for an infant less than 6 months old, whose mother was not on WIC during her pregnancy, but who had an anthropometric, biochemical, or clinical risk during her pregnancy, which would have qualified her for WIC.

Risk 701 (born to WIC eligible mom) and 601 (breastfeeding mother of infant at nutrition risk) should not be used together. Using Risk 701 already connects the infant's risk with the mother, so it would be redundant to then connect the mother's risk back to the baby.

Example of Misuse:

Ethan is a healthy 2-week-old infant who is at WIC for enrollment. His mother was not on WIC during her pregnancy, but you find out she had anemia, which has since resolved. Knowing that anemia during pregnancy would have qualified his mother for WIC, Ethan is assigned Risk 701. Even though Ethan's mother is breastfeeding, she could only be assigned Risk 601 if Ethan had another risk that was not dependent on his mother. Mother should be assessed further for other risks, including diet, in order to enroll her on the program.

Job Aid**Risk Assignment from Prenatal Health History Questionnaire**

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
• Tell me about your health and pregnancy.	• None	None
• Is this your first pregnancy?	• No (sub-questions will display) • Yes	None
▶ For births after 20 weeks, were any still births or neonatal deaths?	• Yes \longrightarrow • No	321 - History of Fetal or Neonatal Loss
▶ Were any babies born at or before 37 weeks?	• Yes \longrightarrow • No	311 - History of Preterm Delivery
▶ Did any of your babies weigh 5 lb 8 oz or less at birth?	• Yes \longrightarrow • No	312 - History of Low Birth Weight
▶ Did any of your babies weight 9 lb or more at birth?	• Yes \longrightarrow • No	337 - History of a Large for Gestational Age Infant
▶ What was the date that your last pregnancy ended?	Date	None
▶ Are there less than 16 months between the end of the last pregnancy and the beginning of this pregnancy?	• Yes \longrightarrow • No	332 - Closely Spaced Pregnancy

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
<ul style="list-style-type: none"> • When did you start going to a doctor or a clinic for prenatal care for this pregnancy? 	<ul style="list-style-type: none"> • No care yet, in the first trimester • No care yet, in the second or third trimester → • 1st month • 2nd month • 3rd month • 4th month • 5th month • 6th month • 7th month • 8th month 	<p>334 - Lack of or Inadequate Prenatal Care</p> <p>334 - Lack of or Inadequate Prenatal Care</p>
<ul style="list-style-type: none"> • Have you had any medical problems with this or any previous pregnancy? 	<ul style="list-style-type: none"> • Yes → • No 	<p>Medical risks selected by CPA from pop-up</p>
<ul style="list-style-type: none"> • Do you take any medications now? 	<ul style="list-style-type: none"> • Yes, there are drug nutrient interactions → • Yes, but no known nutritional impact • No 	<p>357 - Drug Nutrient Interaction</p>
<ul style="list-style-type: none"> • Do you smoke cigarettes now? 	<ul style="list-style-type: none"> • Yes → (sub-question will display) • No 	<p>371 - Maternal Smoking</p>
<ul style="list-style-type: none"> ▶ Subquestion: How many cigarettes do you smoke per day? 	<ul style="list-style-type: none"> • Numeric answer 	<p>None</p>

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
<ul style="list-style-type: none"> Does anyone living in your household smoke inside the home? 	<ul style="list-style-type: none"> Yes → No 	<p>904 - Exposure to Environmental Tobacco</p>
<ul style="list-style-type: none"> Have you had any beer, wine, or hard liquor to drink during this pregnancy? 	<ul style="list-style-type: none"> Yes → (sub-question will display) No 	<p>372 - Alcohol or Illegal and/or Illicit Drug Use</p>
<ul style="list-style-type: none"> ▶ Subquestion: How many drinks do you have per week? 	<p>Numeric answer</p>	<p>None</p>
<ul style="list-style-type: none"> Have you used any drugs during this pregnancy? 	<ul style="list-style-type: none"> Yes → No 	<p>372 - Alcohol or Illegal and/or Illicit Drug use</p>
<ul style="list-style-type: none"> In the past six months, has someone pushed, hit, slapped, kicked, choked or physically hurt you? 	<ul style="list-style-type: none"> Yes → No Unable to ask question 	<p>901 - Recipient of Abuse</p>
<ul style="list-style-type: none"> How do you plan to feed your baby after he or she is born? 	<ul style="list-style-type: none"> Breastfeed Breastfeed and formula feed Formula feed Undecided 	<p>None</p>
<ul style="list-style-type: none"> What have you heard about breastfeeding? 	<p>None</p>	<p>None</p>

Job Aid**Risk Assignment from
Infant's Health History
Questionnaire**

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
<ul style="list-style-type: none"> Tell me about your baby's health. 	None	None
<ul style="list-style-type: none"> Does your baby have any health problems or medical conditions? 	<ul style="list-style-type: none"> Yes → No 	Medical risk selected by CPA from pop-up
<ul style="list-style-type: none"> How do you feel about your baby's growth? 	<ul style="list-style-type: none"> None 	None
<ul style="list-style-type: none"> Is your baby taking any medicine now? 	<ul style="list-style-type: none"> Yes, there are drug nutrient interactions → Yes, but no known nutritional impact No 	357 -Drug Nutrient Interaction
<ul style="list-style-type: none"> Are DTaP vaccines up-to-date? 	<ul style="list-style-type: none"> Yes, record reviewed No, record reviewed, referral made Unknown, no record available, referral made Younger than 3 months, no screening 	None
<ul style="list-style-type: none"> Does anyone living in your household smoke inside the home? 	<ul style="list-style-type: none"> Yes → No 	904 - Exposure to Environmental Tobacco

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
<ul style="list-style-type: none"> • Were you (the baby's mom) on WIC during pregnancy? 	<ul style="list-style-type: none"> • Yes, and baby → is less than six months old • Baby is older than six months • No, and baby is less than six month (sub-question will display) • Unknown 	<p>701 - Infant born to WIC Mom or WIC-Eligible mom</p>
<ul style="list-style-type: none"> ▶ Sub-question: Did mom have any risks during her pregnancy that would have qualified her for WIC? 	<ul style="list-style-type: none"> • Yes, document in notes → • No 	<p>701 - Infant born to WIC Mom or WIC-Eligible mom</p>
<ul style="list-style-type: none"> • Was there any use of alcohol or drugs during this pregnancy? 	<ul style="list-style-type: none"> • Yes → • No 	<p>703 - Infant of Woman with Alcohol or Drug Use or Mental Retardation</p>
<ul style="list-style-type: none"> • In the past six months, has someone pushed, hit, slapped, kicked, choked or physically hurt your baby? 	<ul style="list-style-type: none"> • Yes → • No • Unable to ask question 	<p>901 - Recipient of Abuse</p>

Job Aid**Risk Assignment from Children's Health History Questionnaire**

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
<ul style="list-style-type: none"> Tell me about your child's health. 	None	None
<ul style="list-style-type: none"> Does your child have any health problems or medical conditions? 	<ul style="list-style-type: none"> Yes \longrightarrow No 	Medical risk selected by CPA from pop-up
<ul style="list-style-type: none"> What has your dentist said about your child's dental health 	<ul style="list-style-type: none"> No oral health conditions Diagnosed with oral \longrightarrow health conditions 	381- Oral Health Conditions
<ul style="list-style-type: none"> Is your child taking any medicine now? 	<ul style="list-style-type: none"> Yes, there are drug nutrient interactions \longrightarrow Yes, but no known nutritional impact No 	357 - Drug Nutrient Interaction
<ul style="list-style-type: none"> Are DTaP vaccines up-to-date? 	<ul style="list-style-type: none"> Yes, record reviewed No, record reviewed, referral made Unknown, no record available, referral made Older than 24 months, no screening 	None
<ul style="list-style-type: none"> Does anyone living in your household smoke inside the home? 	<ul style="list-style-type: none"> Yes \longrightarrow No 	904 - Exposure to Environmental Tobacco
<ul style="list-style-type: none"> In the past six months, has someone pushed, hit, slapped, kicked, choked or physically hurt your child? 	<ul style="list-style-type: none"> Yes \longrightarrow No Unable to ask question 	901 - Recipient of Abuse

Job Aid**Risk Assignment from Postpartum Health History Questionnaire**

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
<ul style="list-style-type: none"> Tell me about your labor and delivery. 	None	None
<ul style="list-style-type: none"> How would you describe your health? 	None	None
<ul style="list-style-type: none"> For the pregnancy just completed, how many babies were delivered? 	<ul style="list-style-type: none"> One Two, three, four or more → 	335 - Multiple Fetus Pregnancy
<ul style="list-style-type: none"> Did you have a Caesarean delivery? 	<ul style="list-style-type: none"> Yes, → less than two months ago Yes, more than two months ago No 	359 - Recent Major Surgery, Trauma or Burns
<ul style="list-style-type: none"> Was this baby born at or before 37 weeks gestation? 	<ul style="list-style-type: none"> Yes → No 	311 - History of Preterm Delivery
<ul style="list-style-type: none"> What was your baby's birth weight? 	<ul style="list-style-type: none"> Less than or equal to 5 lbs 8 oz → Between 5 lbs 8 oz and 9 lbs More than or equal to 9 lbs → 	312 - History of Low Birth Weight 337 - History of a Large for Gestational Age Infant
<ul style="list-style-type: none"> Do you now have or during your pregnancy did you have any health conditions or medical problems? 	<ul style="list-style-type: none"> Yes → No 	Medical risks selected by CPA from pop-up

Questions in TWIST	Answers in TWIST	TWIST Risk Assignment
<ul style="list-style-type: none"> Do you take any medications now? 	<ul style="list-style-type: none"> Yes, there are → drug nutrient interactions Yes, but no known nutritional impact No 	357 - Drug Nutrient Interaction
<ul style="list-style-type: none"> Do you smoke cigarettes now? 	<ul style="list-style-type: none"> Yes (sub-question → will display) No 	371 - Maternal Smoking
<ul style="list-style-type: none"> ▶ Sub-question: How many cigarettes do you smoke per day? 	<ul style="list-style-type: none"> Numeric answer 	None
<ul style="list-style-type: none"> Does anyone living in your household smoke inside the home? 	<ul style="list-style-type: none"> Yes → No 	904 - Exposure to Environmental Tobacco
<ul style="list-style-type: none"> Do you routinely drink 2 or more servings of beer, wine or hard liquor daily? 	<ul style="list-style-type: none"> Yes → No 	372 - Alcohol or Illegal and/or Illicit Drug Use
<ul style="list-style-type: none"> Have you used any drugs since delivery? 	<ul style="list-style-type: none"> Yes → No 	372 - Alcohol or Illegal and/or Illicit Drug Use
<ul style="list-style-type: none"> In the past six months, has someone pushed, hit, slapped, kicked, choked or physically hurt you? 	<ul style="list-style-type: none"> Yes → No Unable to ask question 	901 - Recipient of Abuse

Job Aid

Criteria for Changing Risk Level from Medium to High

NOTE

For the following risk codes, a CPA must manually change the participant risk level from medium to high, based on specific criteria.

Risk Code	Risk Name	Category	Change from Medium to High Risk Level if the participant is:
113	Overweight	C (2 – 5 years)	≥ 95th percentile and growth curve is going up (not staying parallel to the recommended growth curve)
131	Low Maternal Weight Gain	Pregnant Women only	Pregnant with twins or more
141	Low Birth Weight (LBW)	I, C (up to 24 mo.)	Birth weight is ≤ 1500 gms or ≤ 3lbs 5 oz (VLBW-Very low birth weight)
201	Low Hemoglobin Low Hematocrit	ALL	If any hematocrit or hemoglobin that is below recommended levels remains the same or continues to drop at recertification or follow-up - OR - When hemoglobin/hematocrit test results fall within the following guidelines: <div style="text-align: right;"> Hemoglobin/Hematocrit Infants 9 -< 12 months 0-9.9 / 29.9 Children 12 -<24 months 0-9.9/29.9 Children 2 - 5 years 0-10.0 / 29.9 Pregnant women 1st trimester (0 - 13 wks) 0-9.9/29.9 2nd trimester (14-26 wks) 0-9.4/28.9 3rd trimester (27-40 wks) 0-9.9/28.9 Postpartum women 0-10.9 / 32.9 </div>
331	Pregnancy at a Young Age	All Women	≤ 15 years at age of conception

