



Participant Centered Education – A Model for Success

The states in USDA's Western Region have worked together to identify a model for implementing PCE that supports success. The model identifies seven areas of influence (domains), each of which contributes to achieving our goals.

PCE Areas/Domains

- **State agency responsibilities** – the role of the state in implementing and supporting PCE
 - financial, training, LA reviews, recognizing individuality of LA's
- **Service delivery environment** – the environment reflects PCE and its importance in reaching participants
 - clinic setting, agency policies, clinic processes, physical space, posted information supports PCE
- **Leadership and mentoring** – a framework for internal peer and management support for implementation and maintenance of the PCE model
 - peer support encouraged, staff mentoring, job descriptions include PCE, support and feedback provided
- **LA staff are engaged and supportive of PCE** – the roles and responsibilities of staff at all levels
 - all staff working together, there is a clear understanding of what PCE is, staff continue to receive training, orientations for new staff include PCE, staff have practice opportunities and peer support, champions motivate and encourage
- **Nutrition educator (certifier) skills** – the skills and training certifiers need to effectively implement PCE
 - ongoing training, supervisor support, peer support which encourages each certifier to develop and enhance PCE skills (e.g. OARS, spirit, active listening)
- **Cultural competency** – can provide services to a diverse population
 - understands cultural and linguistic differences, using interpreters effectively
- **Materials to support PCE** – materials provided enhance participant's efforts and support certifier's efforts
 - relevant, support PCE approach



