

☺ Job Aid: One-Year Certifications and the Mid-Certification Health Assessment

Chapter 3: Client Processes
Section 8: Other Client Processes
Lesson: 803 Updating Client Information Mid-Certification

Policy Summary

Policy 645 – Certification Periods

- Breastfeeding women can be certified up to one year from their baby’s date of birth.
- Infants enrolled from 0 to 6 months of age will be certified until the month of their 1st birthday. Infants enrolled from 7 to 12 months of age will be certified for 12 months.
- Children will be certified for 12 months until the month of their 5th birthday.
- NE must be provided on the average of quarterly during these certification periods.

Policy 646 – Mid-Certification Health Assessment (MCHA)

- Breastfeeding women and infants will be scheduled for a MCHA between 5 and 8 months after delivery.
- Children will be scheduled for a MCHA 6 months after the certification start date.
- An appointment request for a MW (mid-cert for women), MI (mid-cert for infants) or a MC (mid-cert for children) will be automatically generated by TWIST.
- The MCHA is an expanded NE appointment and does not impact eligibility.
- Food benefits cannot be withheld if the MCHA is not attended or refused.

Category/Age at Initial Certification	Timing for 2 nd NE Contact	Timing for MCHA	Timing for Additional 2 nd NE	Timing for Recertification
Breastfeeding woman	3 - 4 months postpartum (pp)	6 months	8 - 9 months pp	None, graduate at one year pp
Infant, birth - 2 months	3 - 4 months of age	6 months	8 - 9 months of age	12 months of age
3 - 4 months	4 - 6 months of age	8 months	9 - 10 months of age	12 months of age
5 - 6 months	8 - 9 months of age	None	N/A	12 months of age
7 - 12 months	3-4 months after cert start date	mid-cert	8 - 9 months after cert start date	12 months after cert start date
Children, 13 - 60 months	3-4 months after cert start date	mid-cert	8 - 9 months after cert start date	12 months after cert start date

Sample Nutrition Education and Multiple Month Benefit Issuance for Low Risk Infant, Breastfeeding Mother and Child

Scenario: Mom was on WIC while pregnant. Mom fully breastfeeds until infant begins supplemental formula at age 3 months. Mom continues to mostly breastfeed to 1 year postpartum. Mom enrolls 2 year old child the month that baby was born.

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan
Infant Age (in months): 0	1	2	3	4	5	6	7	8	9	10	11	12
Baby Born Mom already has benefits	Appt. Types: RI and RP (Postpartum cert) and NC (new child) Mom already has food benefits for this month, Add extra foods for fully BF Mom and child receive benefits for: February March April		Appt. Type: GE Group session: Introducing Solid Foods Infant starts supplemental formula Family receives benefits for: May June July			Appt Types: MI - Infant Mid Cert Health Assessment MW - Woman Mid Cert Breastfeeding Check MC – Child Mid Cert Health Assessment Family receives benefits for: August September October			Appt. Type: GE Group Session: Family Mealtimes Family receives benefits for: November December January			Appt Type: RC for infant and child Mom’s certification period as a breastfeeding women ends this month Children receive food benefits for: February March April