

WIC Rx Nutrition Services

NAME _____ DATE _____

Your doctor suggests that you **consider visiting WIC for these services** to help your family be healthy.



- Prenatal nutrition
- Breastfeeding support
- Infant and child feeding
- Child's healthy growth
- Assistance with family meals
- Nutritious foods
- Other: _____

LEARN MORE at www.healthoregon.org/wic
DIAL 211 to find a WIC clinic near you

USDA is an equal opportunity provider and employer.
WIC Rx materials were developed by Minnesota Dept of Health WIC Program with funding from Hunger-Free Minnesota and have been adapted with their permission.

