

Healthy kids, strong parents,
WIC works wonders!

Yay for yogurt!



Everyone is loving the yogurt (and tofu) options.

But...

1. Don't forget to reissue benefits when you change a food package. Changing it on the FPA isn't enough - you have to reissue on the FSS or the benefits don't change in the eWIC account.
2. Use a template from the dropdown and forecast whenever possible. If benefits have been spent in the current month you have to [use modify](#), but then use a template for the future months.

Need a new template?

[Let us know](#) if you find yourself trying to assign the same foods over and over and don't see the template you need.

There is a [new soy template with whole yogurt](#). Soy beverage is lower fat, but still available to 1 year old children, so we needed soy - whole yogurt templates. Look for the "YW" to show whole yogurt with soy.



Spread the word - Immunizations aren't just for kids!

Pregnant women can protect their babies from pertussis by getting a Tdap shot during each pregnancy. If a woman gets a Tdap shot during her pregnancy, the anti-pertussis antibodies she makes cross the placenta to the baby. This helps protect them until they are old enough to get their own DTaP shots.

The best time to have the shot is between 27 and 36 weeks gestation, but any time is fine. The shots are safe for mom and baby.

Read more in the [CD Summary](#).

What would you do?



“How has your WIC shopping been going?”

“Okay. I mean I like the eWIC card and everything, but sometimes the stuff I want to get with WIC, I end up having to pay for.”

Now what? What do you need to find out?

“Well that’s a bummer! Tell me about the last time that happened.”

“Last month I had to pay for apple juice and baby food.”

Is that enough information? Should you write up a complaint?

“Really? What do you remember about the kind of apple juice and baby food you tried to buy?”

“It was Gerber baby food. I don’t remember what flavors. The apple juice had a WIC sticker beneath it. I’m pretty sure I got it with WIC before.”

What else might be important to find out?

“Where were you shopping and what did the checker say when that happened?”

“I was at Joe’s Market. The checker was nice but she really didn’t know why WIC wouldn’t pay for it.”

What options would you consider at this point?

“I’m sorry that happened to you. We want your shopping to be as easy as possible. If you can remember some more details about that day or the specifics of the foods I could check in our computer to see if we can find an explanation. If not, maybe next time that happens you could take a picture of the problem foods to give us the details like the little bar code. That way I can send information (a complaint) to the state office so we can get it fixed.”

Do you know who has access to WIC Direct in your agency? If there is a problem, you can use it to find out when and where a participant shopped, as well as their balance and what they bought at that time.



Kid Approved Recipes on Food Hero

Over a third of the recipes on the [Food Hero website](#) have been tested and approved by kids throughout Oregon. To get that designation at least 70% of the kids who tried them had to “like” them.



Look for the  symbol to find great recipes for WIC kids!

Similac Sensitive and Total Comfort return 1/3/2017

These 2 formulas will be available to assign in January. The formulas will require a Medical Documentation form (MDF) to assign. Certifiers will need to complete a short training on the updated MDF and to learn more about these formulas. Look for training materials to be sent on 12/19.

