

# Preparedness Tip #3



I have an emergency kit, but my household has changed.

**Do I still have what I need?**

Update your kit whenever your household changes. Most experts recommend one gallon of water per person (or pet) per day. Adding people or pets means adding supplies.

## Household change kit tips:

1. When your household changes, check your emergency kit.
2. Make sure you have enough food and water for every person and pet in your household. Adding enough water for additional household members can be a challenge since water takes up space and is heavy. This is a good process to begin early and work on over time.
3. Most kits contain extra clothes. Make sure you have clothes for all household members and it still fits. Kids really do grow like weeds, adult's weight can vary and seasonal changes require clothes for different kinds of weather.
4. Emergency kits should contain first aid supplies and extra medications. Check to see if you have enough for all household members and that medications are not expired.
5. Don't forget to include a comfort item for each member of your household. A good book, deck of cards or stuffed animal could mean a lot when recovering from a disaster.

