

Preparedness Tip #4



Is there really such a thing as the **Cascadia Subduction Zone earthquake** and if so, **what should I do to get ready?**

The Cascadia Subduction Zone (CSZ) is real and experts say another is due, but no one knows exactly when. It may be big and cause massive damage, but the odds are greatly in your favor. Most Oregonians and Oregon buildings will survive and SO CAN YOU!

Cascadia Subduction Zone preparedness tips:

1. Experts are recommending at least two weeks of supplies for a Cascadia Subduction Zone earthquake. (Typically supplies for 72 hours are adequate.)
2. Have a kit at home and one that is portable. You might keep another kit in your car or in a bag that you can grab if you need to.
3. Make a Cascadia Subduction Zone communication plan with your family. Give each household member a copy of the plan including a list of phone numbers with both local and out-of-town contacts.
4. Decide on a meeting place where your loved ones can gather after the earthquake. If you are separated from your household members, you will need a place to meet up when it is safe.
5. When a large disaster occurs, the people near you will be the ones to help you and will need your help. Get to know your neighbors, talk about emergency preparedness at work and be active in your community.

