
Opportunities for Self-Management in Oregon's Transforming Health System

December 12, 2012

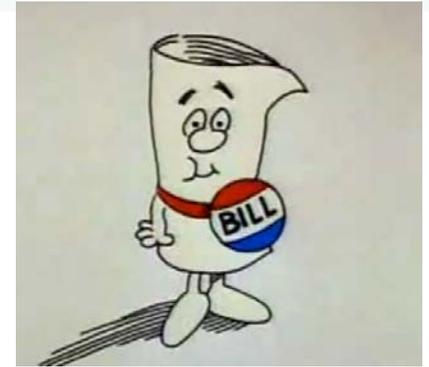
Quarterly Self-Management Webinar Series



PUBLIC HEALTH DIVISION
Health Promotion and Chronic Disease Prevention

CCO legislation

- 2009 regular session
 - House Bill 2009
 - Creates Oregon Health Authority and lays the groundwork for health system transformation
- 2011 regular session
 - House Bill 3650
 - Creates CCOs and provides the structure to develop CCO Implementation Proposal
- 2012 short session
 - Senate Bill 1580
 - Approves Oregon Health Policy Board's CCO Implementation Proposal



Glossary

- **OHA** – Oregon Health Authority
- **CCOs** – Coordinated Care Organizations
- **OHP** – Medicaid, also referred to as the Oregon Health Plan
- **PCPCH** – Patient-Centered Primary Care Home
- **HST** – Health System Transformation
- **NTHWs** – Nontraditional Health Workers (Community Health Workers, Personal Health Navigators, Peer Wellness Specialists)
- **FQHC** – Federally Qualified Health Center
- **CMS** – Centers for Medicare and Medicaid Services

CCO definition

- A CCO is a local network of health care providers who have agreed to work together in their local communities for people who receive health care coverage under the Oregon Health Plan (Medicaid).
 - Physical health care
 - Mental health care
 - By 2014: dental care

Organization Name	Service Area by County
AllCare Health Plan	Curry, Josephine, Jackson, Douglas
Cascade Health Alliance	Klamath
Columbia Pacific CCO	Columbia, Clatsop, Tillamook, Coos, Douglas
Eastern Oregon CCO	Baker, Malheur, Union, Wallowa, Sherman, Grant, Harney, Lake, Wheeler, Morrow, Umatilla, Gilliam
FamilyCare	Clackamas, Marion, Multnomah, Washington
Intercommunity Health Network	Benton, Lincoln, Linn
Jackson Care Connect	Jackson
PacificSource Central Oregon	Crook, Deschutes, Jefferson, Klamath
PacificSource Gorge	Hood River, Wasco
PrimaryHealth of Josephine County	Josephine
Trillium Community Health Plan	Lane
Health Share of Oregon	Clackamas, Multnomah, Washington
Umpqua Health Alliance	Douglas
Western Oregon Advanced Health	Curry, Coos, Douglas
Willamette Valley Community Health	Marion, Polk
Yamhill County Care Organization	Yamhill

CCO governance



- **Governing Board**

- Primarily consists of representatives of those organizations with a financial stake in the CCO.
- Must include at least one member of the Community Advisory Council.

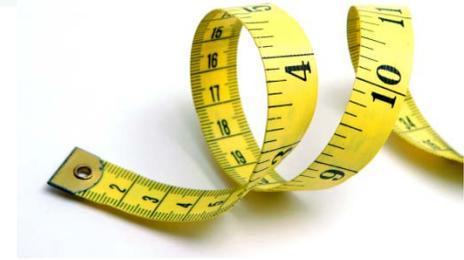
- **Community Advisory Council**

- Must include representation from the county government and community, with consumers making up the majority of membership.
- Public health and aging services not specifically required to be represented.
- Responsible for oversight of the community health assessment and community health improvement plan development process.

Community health assessment and community health improvement plan

- CCOs are required to implement a community health assessment and develop a community health improvement plan.
- CCOs are encouraged to partner with their local public health authority and nonprofit hospital(s) to develop the assessment and plan.

Accountability metrics



- CCO performance is tied to eligibility for financial and non-financial rewards and renewal of contracts.
- Year One accountability is for reporting only (no consequences related to performance).
- In Years Two and Three, CCOs are expected to meet or exceed minimum accountability measures and demonstrate improvement.

Accountability metrics related to self-management

Core performance measures

- Health and functional status among CCO enrollees
- Rate of tobacco use among CCO enrollees
- Rate of obesity among CCO enrollees
- Outpatient and emergency department utilization
- Potentially avoidable emergency department visits

Proposed incentive measures

- Emergency department utilization
- Optimal diabetes care/self-management

Nontraditional Health Workers (NTHWs)

- Community health workers, personal health navigators and peer wellness specialists must be available for members of each CCO.
- Current work is underway to finalize a training and certification process (led by the OHA Office of Equity and Inclusion).

Patient-Centered Primary Care Home (PCPCH) initiative

- PCPCHs are clinics where teams of professionals work together to coordinate patient care, with particular emphasis on **prevention**, early intervention and **community-based management of chronic conditions**.
- Recognized PCPCHs can apply to receive supplemental payments to **support their work in prevention and management of chronic disease**.
- The program is also exploring other incentive options that encompass all Oregon Health Authority programs including PEBB and OEBB.
- Three tiers based on set criteria: Tier 1, Tier 2, Tier 3 – supplemental payments are scaled by tier.
- CCOs are required to preferentially contract with PCPCHs and support their providers in becoming recognized.

PCPCH standards

- USPSTF Grade A and B preventive services
- Assessment and intervention of health risk behaviors
- Patient BMI is maintained in the health record
- Population data management
- **Tracking of referrals to care in community settings (i.e., social services, public health)**
- Outreach to high risk patients; development of a written care plan that includes self-management goals
- **Documentation of patient and family education, health promotion and prevention and self-management support, including community resources**

PCPCH incentive payments

- Care coordination
- **Education and self-management support**
- Follow up related to care planning after health screenings
- Wrap-around activities
- Collaboration with patient's mental health provider

Resources

- Oregon Health Policy Board and health reform in Oregon:
<http://www.oregon.gov/oha/OHPB/Pages/index.aspx>
- Coordinated Care Organization homepage:
<https://cco.health.oregon.gov>
- Coordinated Care Organization metrics:
<http://www.oregon.gov/oha/Pages/metrix.aspx>
- Patient-Centered Primary Care Home initiative:
www.primarycarehome.oregon.gov
- Public Health Division and health system transformation:
www.healthoregon.org/hstransformation

Questions?

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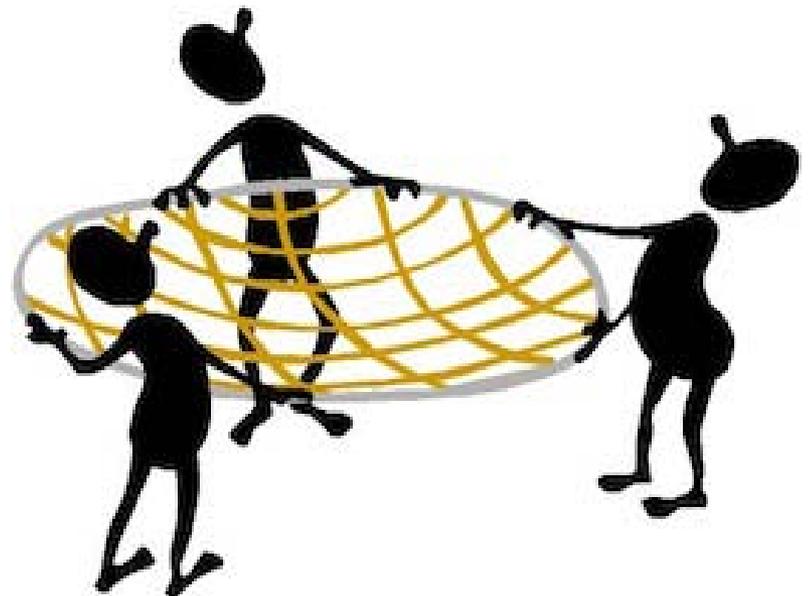
RVCOG Senior and Disability Services Serving Josephine and Jackson Counties



Mission:
“Together we promote the dignity, quality of life, and self-determination of seniors and people with disabilities.”

There are 3 CCOs in the Jackson/Josephine County area:

- ▶ AllCare – Josephine and Jackson County
- ▶ Primary Health – primarily Josephine County
- ▶ Jackson Care Connect – Jackson County



Building Solid Relationships with CCOs

1. Hosted monthly stakeholders meetings prior to start up
 2. Meet with CCO staff on a regular basis
 3. Making presentations to CCO staff / CACs / Boards
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Partnering with CCOs

1. Participating in Care Teams
2. Targeting CCO members for Living Well workshops

A Step Toward Success

- ▶ One CCO has invested into Living Well – lump sum payment
 - ▶ All CCOs are talking about Living Well and other services SDS offers
 - Care Transition
 - Meals on Wheels
 - Client Consultants (formerly case managers)
 - Home Assessments
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Challenges

- ▶ CCOs focus doesn't necessarily include us
 - ▶ Embedding Living Well leaders into the CCO system vs. direct delivery of Living Well workshops
 - ▶ Establishing systems for gathering performance data
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WVP Health Authority

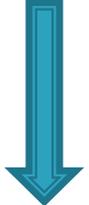
- ▶ Mission: to preserve and promote the wise use of health resources in Marion and Polk Counties...
 - ▶ History: Began in 1976, became MVIPA in 1991, re-branded in 2010
 - ▶ Living Well/Living Healthy: providing classes since 2007 in Marion, Polk and Yamhill counties
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Willamette Valley Community Health (WVCH)

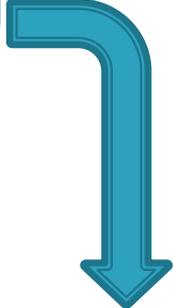
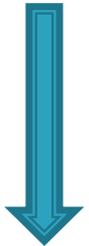
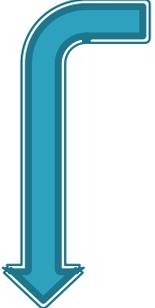
- ▶ CCO formed in August 2012
 - ▶ Covers Marion and Polk Counties
 - ▶ Administers the Oregon Health Plan (OHP)
 - ▶ Formerly Marion–Polk Community Health Plan
 - ▶ Partners of the CCO includes physicians, dentists, hospitals, behavioral health, and local public health
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WVCH Board of Directors

Executive Director



Executive Committee



Community Advisory Council

Finance Committee

Clinical Advisory Panel



Health Assessment Work Group



Patient Activation Committee

PCPCH Subcommittee

IT/HIE Subcommittee

Transitions Subcommittee



Efforts to Integrate

- ▶ **WVPHA:**
 - Headed the work group to form CCO
 - Involved with the CCO since its inception
 - Pushed for clinics to become PCPCH certified
 - Seen as the incumbent manager of OHP
- ▶ **Living Well/Living Healthy:**
 - Continue to be a valuable resource to the provider & member community
 - Develop our own biometrics to demonstrate program's effectiveness

Challenges

- ▶ Change
 - ▶ Wait and See
 - ▶ From Coordination to Collaboration
 - ▶ National to Local Recognition
 - ▶ Strive for Integration
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