

Do you have an 11 or 12 year old?



**If yes, help prepare your child
for the teenage years ahead.**

R_x Doctors recommend that all 11 and 12 year olds get a check-up to monitor their growth, talk about their development, and get vaccinated against meningitis, whooping cough, flu, and for girls, cervical cancer.



**Schedule a
pre-teen check-up
today!**

For more information on vaccines,
ask your child's healthcare provider
or call

800-CDC-INFO (800-232-4636)

or visit

www.cdc.gov/vaccines/preteen/

To find an immunization clinic
near you, call Oregon SafeNet

1-800-723-3638



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

Oregon
Partnership
to Immunize
Children