

Quality of Life

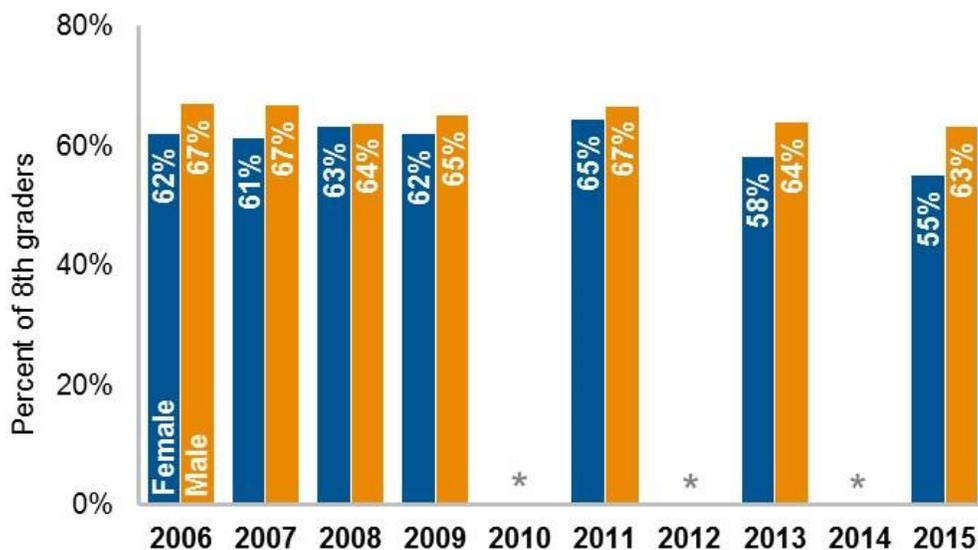
Positive youth development (PYD)

Positive youth development (PYD) provides a holistic view of the physical, psychological, and social supports for healthy youth development, and is strongly associated with behaviors that promote physical and emotional health, as well as academic achievement. The PYD benchmark is a composite measure of physical, mental and emotional health status, and protective individual and environmental factors.

Positive youth development levels among eighth- and 11th-graders have remained relatively stable since 2006 when the measure was first reported, with a slight decline in 2013 and 2015 (Figures 1 and 2).

FIGURE 1

8th graders meeting Positive Youth Development (PYD) benchmark, Oregon

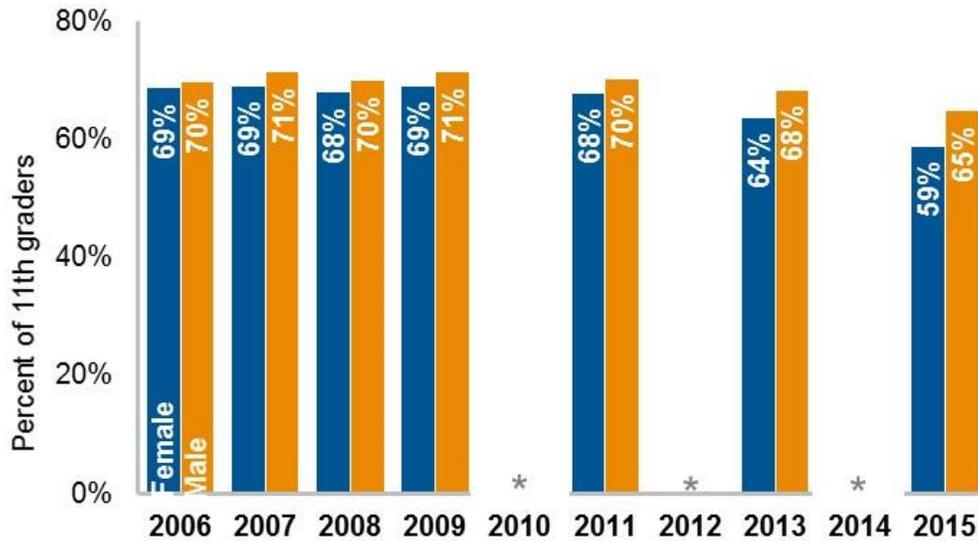


* There was no survey in 2010, 2012 or 2014

Source: Oregon Healthy Teens

FIGURE 2

11th graders meeting Positive Youth Development (PYD) benchmark, Oregon



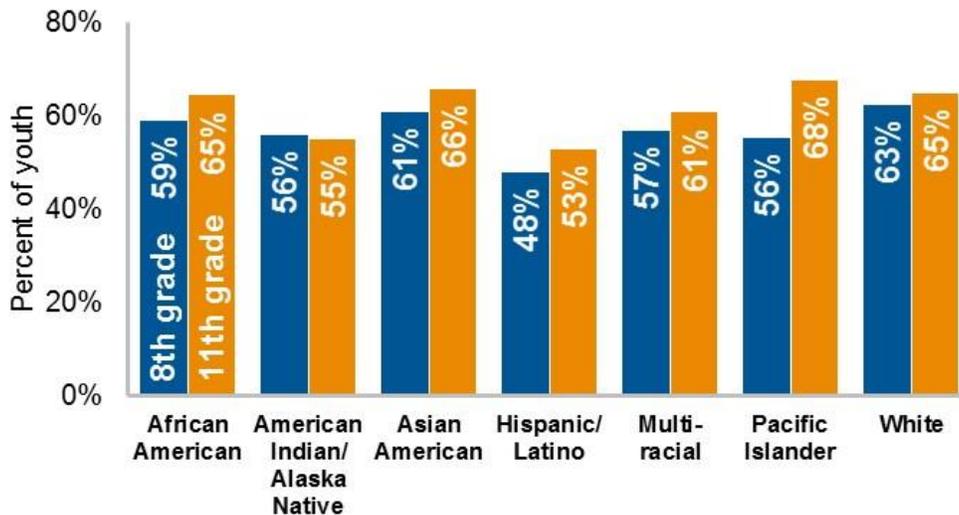
* There was no survey in 2010, 2012 or 2014

Source: Oregon Healthy Teens

Among both 8th and 11th graders, Hispanic youth have the lowest level of positive youth development (Figure 3).

FIGURE 3

8th & 11th graders meeting Positive Youth Development (PYD) benchmark by race/ethnicity, Oregon, 2015



Notes: All other groups exclude Hispanic

Source: Oregon Healthy Teens

Additional Resources: [Adolescent and School Health Program](#)

About the Data: Data source is the Oregon Healthy Teens Survey (OHT). OHT is a pencil and paper or online survey conducted every two years among Oregon 8th and 11th graders within schools. The Positive Youth Development Benchmark is met when youth answer positively (Excellent/Very good or Very much true/Pretty much true) to 5 out of 6 of the following questions: Physical health status; emotional/mental health status; “I can do most things if I try”; “I can work out my problems”; “There is at least one teacher or other adult at my school who really cares about me”; and “I volunteer to help others in my community.”

For More Information Contact: Elizabeth Thorne, elizabeth.k.thorne@state.or.us

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[Oregon State Health Profile](#)

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