

Public Health Week in Oregon



April 7-11, 2014

During the first full week of April each year, public health communities across the United States observe National Public Health Week as a time to recognize the contributions of public health and highlight issues that are important to improving our nation.

The focus for NPHW 2014 was on guiding communities through the evolving public health system with the theme "***Public Health: Start Here.***"

Daily Themes

- Monday, April 7: **Be healthy from the start.** From maternal health and school nutrition to emergency preparedness, public health starts at home.
- Tuesday, April 8: **Don't panic.** Disaster preparedness starts with community-wide commitment and action.
- Wednesday, April 9: **Get out ahead.** Prevention is now a nationwide priority.
- Thursday, April 10: **Eat well.** The system that keeps our nation's food safe and healthy is complex.
- Friday, April 11: **Be the healthiest nation in one generation.** Best practices for community health come from around the globe.